

Weather forecasts are tracked before the race for heavy rain, thunder and lightning, high winds and extreme heat. If there is a possibility of threatening weather, information will be posted on our RunWalk Facebook page <https://www.facebook.com/RunWalkfortheKids/> or this website home page, so that runners/walkers can prepare for severe weather during the race as well as possible course changes, delayed start, etc. Safety of all participants is priority.

On race day, the Medical and Race Directors along with the City of Norfolk and Norfolk Police Department will decide if any changes will be made to the race/s. The race start time can change, the race can be postponed or the event can be cancelled. **No Refunds will be given in the event of cancellation.** (Water, fog and high winds may cause the course(s) to be changed or shortened.)

Visible lightning will cause the race to be delayed until lightning stops.

If high winds are present, extra care will be taken to secure race signage, start and finish areas, mile markers, banners, timing clocks and other equipment. Extreme winds may cause the race to be postponed.

Extreme heat can cause the race to be postponed or the course may be shortened. On hot days extra water will be available to runners, before, during and after the race.

Any important/urgent messages before or during our event will be posted on our Facebook page/s: **The King's Daughters for CHKD**, or **CHKD RunWalk for the Kids**.