



THE  
CIRCULAR  
January/February 2020

2020

You're invited to join us for

## KD Connect

Tuesday, February 11, 2020

### Guest Speaker

Dr. Robert Obermeyer, CHKD

*Practices*

*Pediatric Surgery*

*Nuss Center for Chest Wall Reconstruction*

*Trauma Care*

### Light Refreshments

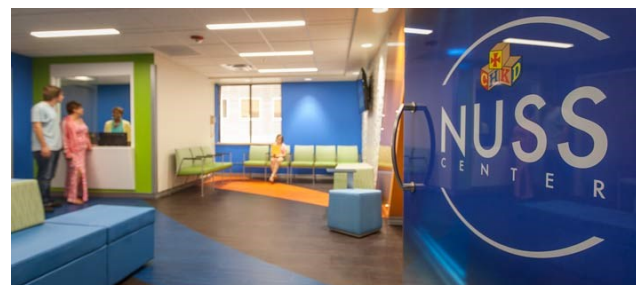
### Valentines Card-Making

### Time

9:30AM—11:00AM

### Location

Norfolk Waterside Marriott  
3rd Floor Presidential Foyer



RSVP February 7, 2020

[www.kingsdaughters.org](http://www.kingsdaughters.org) | 757-668-7098

President’s Corner

Dear King’s Daughters,



I hope everyone had a happy and healthy holiday season!

We just completed two of our major projects, Breakfast with Santa and Moonlight and Mistletoe. They were very successful in raising funds for the Mental Health Program at CHKD. We changed Moonlight and Mistletoe from a seated dinner to a cocktail party at The Historic Cavalier Hotel and we had two fantastic sold out events of over 500 people! I want to thank everyone who worked so hard to put on these events. If you would like to work on one of these committees next year, please let the office know. We are always looking for new ideas and volunteers.

In November, The King’s Daughters were honored to receive the award for the “Outstanding Community Organization” by the Hampton Roads Chapter of the Association of Fundraising Professionals at their National Philanthropy Day Luncheon. As members of The King’s Daughters, we all should be proud of our organization and all that we do for CHKD and our community.

We are now accepting nominations for The King’s Daughters Board. The Nomination Criteria and Form are in this Circular. Please feel free to nominate someone (or yourself) who you feel would be a good addition to our Board of Directors. The deadline for Nominations is February 15<sup>th</sup>.

I hope you can join us at our next KD Connect meeting on February 11<sup>th</sup> at 9:30 am at the Norfolk Waterside Marriott. Dr. Robert Obermeyer, who is a pediatric surgeon at CHKD, will be our guest speaker and speaking on surgery at CHKD including the Nuss Procedure which was invented at CHKD by Dr. Donald Nuss and that gives us international recognition. This should be a very interesting presentation that will help you learn more about how our pediatric surgeons care for children at CHKD.

I also want to ask you to look at other Circle’s events and projects and try to support our fellow King’s Daughters! We all have the same goal; Raising Funds, Friends, & Awareness for CHKD! As always, thank you so much for all that you do as King’s Daughters and best to you in the New Year!

With Warm Regards,

*Julie*

Julie Childress Beck

Need Circle Speakers?

Julie Beck, President, and Lisa Coleman, Executive Director, are happy to join your Circle meeting to discuss The King’s Daughters current initiative, history and what’s to come. To invite please email, [briana.jackson@chkd.org](mailto:briana.jackson@chkd.org) or call 757-668-8909.

## RunWalk for the Kids | Blooms of Hope



**April 11, 2020**

Waterside District | Norfolk, VA

8k Run | 2 Mile Walk  
1 Mile Fun Run



### REGISTER NOW!

- Registration **cannot** be done on Internet Explorer
- Team Captains **MUST** register 1<sup>st</sup>!
- **PRICE INCREASE** January 31<sup>st</sup> at 11:59PM

### **NEW this year:**

- 1 mile Kids Fun Run will be **TIMED**.
- Fundraising pages are automatically created at the time of registration.



### ***Blooms of Hope***

An exclusive Tom Barnes event

**May 14 6-8:30PM**

Silent auction of Tom Barnes art  
floral designs \* raffle \* music  
cocktails\* hors d'oeuvres

**TICKETS \$50**

ICON Building, downtown Norfolk

[www.kingsdaughters.org](http://www.kingsdaughters.org)

**WWW.KINGSDAUGHTERS.ORG**



## History

### Norfolk City Union of The King’s Daughters: Entering the 20<sup>th</sup> Century

By: Elly Bradshaw Smith, Past President, Azalea Unity Circle

It is fortunate we have located so many of our organization’s annual reports, for it is in these reports that our history is told. Thorough record keeping gives us incredible insight into the amazing work done year by year, like the number of visits by Miss Nason, the number of clinic visits, the amount of milk, food and ice distributed, and the number of children given gifts at Christmas. Additionally, each report includes a detailed financial account and a list of all Circles, Circle members, and donors. More importantly, the reports signify the groundwork these women laid for the future. Many early initiatives are in place today: providing milk to infants, care regardless of a family’s ability to pay, and gifts at Christmas...the list goes on and on.

#### Highlights from 1901-1909

In 1901, NCUKD started two new programs: opening the first Clinic at 304 Charlotte Street and providing pasteurized milk throughout the community. Dr. Herbert Old and Dr. Charles Grandy manned the clinic on alternating days from 2 to 3 pm Monday through Saturday. The 1905 Annual Report summarizes 1897-1905:

Calls made by Miss Nason and visiting nurses:  
16,584/1,842 average per year

Individual Cases:  
1,007/112 average per year

Quarts of Milk Given (7 years):  
3,954.5/565 average per year

Moreover, nurses made 1,254 calls and distributed 587.5 quarts of milk during just the first three months of their 10<sup>th</sup> year in operation. Clearly, community need was ever increasing. To meet demands, The King’s Daughters hired an additional nurse in 1906 and joined forces with the Anti-Tuberculosis League to lessen the “ravages of that dread disease”. In 1908, the first citywide fundraiser, Tag-Day, encouraged members to proudly wear a tag signifying their financial support to The King’s Daughters. The women raised \$807.05, which equates to \$22,575.12 today. In 1909, the City of Norfolk made their first donation for \$600.

#### Responding to Community Needs

1910 was perhaps the most important year since the hiring of Edith Nason. The King’s Daughters hired the organization’s first African American nurse and organized an African American

Visiting Nurse Association with the women at the African American YWCA. The King’s Daughters also started “work for the prevention of infant mortality”. Through this effort, “the babies of all maternity cases cared for by our nurses were seen at least once a week. Mothers were instructed to phone at once if anything is wrong. This enabled us to handle any ailment in its incipency. The six desperately ill babies sent us recovered. Mothers, in many cases, were taught to prepare artificial food for their babies, giving it under daily supervision of a nurse”. Additionally, the KDs distributed over 2,900 quarts of milk and 44,490 pounds of ice in 1910 alone. Tuberculosis had spread to such an extent that a nurse, paid for by the Anti-Tuberculosis League, was dedicated to the care of these patients. During the summer of 1910, there were 40 babies with TB. Thanks to the care given, not one child died.



In 1911, The King’s Daughters had 7 nurses: 2 visiting nurses, 1 Tuberculosis nurse, 1 student nurse, 1 office nurse, and 2 African American nurses. In addition, patients with policies through Metropolitan Life Insurance Company had costs covered, freeing up the budget for nurses to see additional patients free of charge. In cooperation with the Anti-Tuberculous League, The King’s Daughters started a summer camp for children with TB. 17 children remained there all summer. The ice and milk fund became the Ledger-Dispatch Milk and Ice Fund (*The Ledger-Dispatch* later merged with *The Virginian-Pilot*). In a few short years, The King’s Daughters had become excellent fundraisers, no doubt a skill passed on through the generations.

This year of great achievement was followed by a year of great sorrow, with the unexpected death of Edith Nason in 1912. Her impact had been so great that nurses in the community “showed their high appreciation for her, in tenderly guarding the church in which her body lay the night before interment. It was a beautiful and silent tribute to one that had spent her life in an effort to relieve suffering.” A monument in her honor was erected in her memory. She is buried in Elmwood Cemetery in Norfolk.

Raising funds, friends & awareness for CHKD

The King's Daughters' Thrift Store Bag Drive



The King's Daughters' Thrift Store Bag Drive

ALL CIRCLES ARE ENCOURAGED TO PARTICIPATE!

March 6<sup>th</sup>, 7<sup>th</sup>, & 9<sup>th</sup>

(No Pick-ups Sunday, March 8<sup>th</sup>)

Circles need to schedule ONE PICK-UP.

Please have all donations to your Circle's designated pick-up location prior to February 28<sup>th</sup>.

CIRCLES TURNING IN THE MOST DONATION BAGS WIN THE FOLLOWING TO BE DONATION:

- 1ST PLACE: \$500.00
- 2ND PLACE: \$300.00
- 3RD PLACE: \$200.00
- HONORABLE MENTION: \$100.00

Call the CHKD Thrift Store to schedule:  
622-KIDS (Southside) or 757-874-KIDS (Peninsula)



Board of Directors

- Julie Childress Beck  
*President*
- Ashley Friend Vellines  
*VP of Communications*
- Chandy Jones  
*VP of Development*
- Stacey J. Vellines  
*VP of Membership*
- Katherine Knaus  
*Treasurer*
- Laura Fulton  
*Secretary*

- Paula Adams
- Donna M. Cowdrey
- Kristi Jones
- Carrie L. Lauck
- Nicole Federinko Legum
- Kristina Malleck
- Taylor Priest
- Kathy Protogyrou
- Mary Beth Sims Rickman
- Sunny Barlow Sonner
- Carrie Williams

Staff

- Lisa Coleman  
*Executive Director*
- Jen Kay  
*Development Operations Manager*
- Briana Jackson  
*Volunteer/Events Coordinator*
- Hallie Edwards  
*Administrative Assistant*

## The King's Daughters Board Nominations

### Do you have what it takes?

- ✓ **Passion**
- ✓ **Hard work Ethic**
- ✓ **Love for helping children in our Community**



### Criteria and Expectations for The King's Daughters Board of Directors

#### Criteria/Qualifications:

- Be an active member of a King's Daughters Circle for a minimum of two years.
- Have worked on a Major Project or been the Chair of a Circle project or been a Circle Leader.
- May not be an employee of Children's Hospital of The King's Daughters.

#### Expectations:

- Possess a demonstrated commitment to community service, support for The King's Daughters mission and values
- Become educated in the workings of The King's Daughters and the other corporations under the umbrella of the Children's Health System, Inc.
- Attend monthly board meetings
- Attend board committee meetings as necessary
- Attend KD Annual Meeting in June
- Attend KD Connect meetings (4-5 per year).
- Support and attend The King's Daughters' Major Projects each year
- Serve as a liaison to Circles

#### Support CHKD's Annual Giving Campaign

- Act as a spokesperson for The King's Daughters
- Become a hospital tour guide
- Willingness to accept additional duties as assigned by The King's Daughters Board of Directors' President
- Sign a conflict of interest form and confidentiality agreement
- Maintain expected confidentiality of board and committee discussions

#### Please Note:

All KD Board of Directors members:

- May not hold a leadership office in their own Circle or on a Major Project's committee unless approved by The Executive Committee of The King's Daughters Board of Directors.
- May not serve as their Circle's representative at KD Connect Meetings.
- With the exception of The King's Daughters' President, who is a Class B member of the Children's Health System Board and an Executive Committee Member who automatically serves as an ex-officio member on the Children's Health Foundation Board, a King's Daughters Board Member may serve on a Children's Health System affiliate Board only with the approval of the Executive Committee of The King's Daughters.

The King’s Daughters Board Nominations



Nomination Form  
The King's Daughters’ Board of Directors

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Circle: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Community involvement: \_\_\_\_\_

How many years has the nominee been a King’s Daughter?    ☐ 0-2    ☐ 2-5    ☐ 5 -10    ☐ 10+

Has the nominee ever participated as one of the following?

- ☐ Circle Leader (years) \_\_\_\_\_
- ☐ Project Leader (project type) \_\_\_\_\_
- ☐ Committee Member of a Major Project (which project/year) \_\_\_\_\_

Skills/background/education

Check all that apply:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Accounting/Banking/<br>Finance | <input type="checkbox"/> Editing/Writing                | <input type="checkbox"/> Insurance                          |
| <input type="checkbox"/> Administrative                 | <input type="checkbox"/> Fundraising/Development        | <input type="checkbox"/> Legal                              |
| <input type="checkbox"/> Advocacy                       | <input type="checkbox"/> Graphic Design                 | <input type="checkbox"/> Nonprofit                          |
| <input type="checkbox"/> Business/Corporate             | <input type="checkbox"/> Healthcare                     | <input type="checkbox"/> Special Events/Event Plan-<br>ning |
| <input type="checkbox"/> Communications/Marketing       | <input type="checkbox"/> Human Resources/<br>Management | <input type="checkbox"/> Strategic Planning/Team            |

Briefly explain why you feel this person is a good candidate to serve on the Board of Directors of The King's Daughters:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Nominated by: \_\_\_\_\_ Circle: \_\_\_\_\_

I have told the person they have been nominated by me. (Yes/No) \_\_\_\_\_

Please notify me if the person is \_\_\_\_\_ or is not \_\_\_\_\_ elected to the board.

Please scan/email, mail or fax this sheet **no later than February 15<sup>th</sup>**  
The King's Daughters | 601 Children’s Lane, 2<sup>nd</sup> floor | Norfolk, VA 23507 |  
668-8907(fax) info@KingsDaughters.org

## Children's Health System Board Nominations

Do you have what it takes?

- ✓ **Passion**
  - ✓ **Hard work Ethic**
  - ✓ **Love for helping children in our Community**
- 



### Criteria and Expectations for Children's Health System Class A Members of Children's Health System (CHS) Board

#### Criteria/Qualifications:

- Be an active member of a King's Daughters Circle for a minimum of two years.
- May not be an employee of Children's Hospital of The King's Daughters.

#### Expectations:

- Possess a demonstrated commitment to community service and the mission and values of The King's Daughters and Children's Hospital of The King's Daughters Health System
- Become educated in the workings of The King's Daughters and the other corporations under the umbrella of the Children's Health System, Inc.
- Maintain current knowledge/awareness of industry developments and trends
- Attend board meetings
- Serve on at least one (1) Board Committee
- Attend KD Annual Meeting in June
- Attend KD Connect meetings when possible
- Actively participate in organizational fundraising events including The King's Daughters' Major Projects
- Support CHKD's Annual Giving Campaign
- Sign a conflict of interest form and confidentiality agreement
- Limit directorship on other health-care related boards
- Maintain expected confidentiality of board/committee discussions

Adopted August 2019



Children’s Health System Board Nominations



Nomination Form

CHKD Health System Board or Children’s Health Foundation Board

The following is nominated for: \_\_\_\_\_CHKD Health System Board  
\_\_\_\_\_Children’s Health Foundation Board

Nominee Information:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Circle: \_\_\_\_\_ Email: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Community involvement: \_\_\_\_\_

How many years has the nominee been a King’s Daughter? o 0-2 o 2-5 o 5 -10 o10+  
Has the nominee ever participated as one of the following?  
o Circle Leader (years) \_\_\_\_\_  
o King’s Daughters Board member \_\_\_\_\_  
o Project Leader (project type) \_\_\_\_\_  
o Committee Member of a Major Project (which project/year) \_\_\_\_\_

Skills/background/education  
Check all that apply:

- ☐ Accounting/Banking/ Finance
- ☐ Administrative
- ☐ Advocacy
- ☐ Business/Corporate
- ☐ Communications/Marketing
- ☐ Editing/Writing
- ☐ Fundraising/Development
- ☐ Graphic Design
- ☐ Healthcare
- ☐ Human Resources/ Management
- ☐ Insurance
- ☐ Legal
- ☐ Nonprofit
- ☐ Special Events/Event Planning
- ☐ Strategic Planning/Team Building

Briefly explain why you feel this person is a good candidate to serve on the Board of Directors of \_\_\_\_\_ CHS or CHF:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Nominated by: \_\_\_\_\_ Circle: \_\_\_\_\_

I have told the person they have been nominated by me. (Yes/No) \_\_\_\_\_

Please notify me if the person is \_\_\_\_\_ or is not \_\_\_\_\_ elected to the board.

Please scan/email, mail or fax this sheet **no later than February 15<sup>th</sup>**  
The King's Daughters | 601 Children’s Lane, 2<sup>nd</sup> floor | Norfolk, VA 23507  
668-8907(fax) | nfo@KingsDaughters.org

Upcoming Circle Projects

Thursday, January 30 — Sunday, February 2	<b>Oceanfront Circle</b> 11th Annual PACC/CHKD Mixed Doubles Open Tennis Tournament	Princess Anne Country Club Virginia Beach
Thursday, January 30 6pm-8pm	<b>Circle by the Bay</b> Paint Party	Harmony at Independence Virginia Beach
Friday, January 31 6pm-9pm	<b>North Suffolk Circle</b> Bingo Night	Berea Christian Church, Suffolk
Saturday, February 1 7pm-11pm	<b>Dogwood Circle</b> Taps, Tunes & Spoons	Smartmouth, Norfolk
Saturday, February 8 7pm-9pm	<b>Larchmont Friends Circle</b> Bingo with a Beat!   Music Trivia Bingo	Saint Patrick’s Catholic School, Norfolk
Saturday, February 22 2pm-8pm	<b>Seashell Circle</b> BURN for CHKD!	Burn Boot Camp, Virginia Beach Civil Libation, Virginia Beach
Sunday, February 23 1pm-5pm	<b>Infinity Circle</b> PINGO	Pembroke Bingo, Virginia Beach
Tuesday, March 3 6am-2:30pm	<b>Caritas Circle</b> Sandfiddler Café Fundraiser	Sandfiddler Café, Norfolk
Thursday, March 19 11am-3pm	<b>Horizon Circle</b> Spring into Mah Jongg	The Church of the Good Shepherd Norfolk
Thursday, March 26 7pm-10pm	<b>Magnolia &amp; Union of Hands Circles</b> March Madness	Azalea Inn Grill & Time Out Sports Bar Norfolk
Saturday, March 28 8am-5pm	<b>Lafayette River Circle</b> Kickin’ for the Kids	Norfolk
Saturday, March 28 8am-5pm	<b>North Suffolk Circle</b> 3rd Annual Spring Bazaar	Bethlehem Christian Church, Suffolk
Saturday, April 4 6pm-10pm	<b>East Beach Circle</b> Roaring ‘20s Gala	East Beach Bay Front Club, Norfolk
Saturday, April 25 1pm-4pm & 6pm-9pm	<b>Circle in the Bridge</b> Bow Tie Ball	Norfolk Sheraton Hotel, Norfolk
Tuesday, April 28	<b>Caritas Circle</b> Thomas Jefferson’s Monticello Bus Trip	Monticello, Charlottesville
Friday, May 1 7pm-10pm	<b>NICU Friends Circle</b> 5th Annual Party for the Pint Sized	O’Connor Brewing Co., Norfolk
Friday, May 8 11:30am-6pm	<b>North Suffolk Circle</b> 3rd Annual Tee-rific Golf Tournament	Sleepy Hole Golf Course, Suffolk

*Save the Date*

KD Connect **April 7, 2020**  
The Westin Virginia Beach Town Center  
5:30pm Social | 6pm Program

Raising funds, friends & awareness for CHKD

Ongoing Circle Projects

Ongoing

Azalea Unity Circle	VA Diner Peanut Sale
Beacon Circle	CHKD Tervis Tumbler
Cypress Point Circle	Worth the Wait
Infinity Circle	Hand Painted Wine Glasess
Infinity Circle	Crocks for Kids
Infinity Circle	Papa John’s Dollars for Dough
Lynnhaven Sandpiper, Jr. Circle	Papa John’s Dollars for Dough
NICU Friends Circle	Heart Shaped, Baby Feet Greeting Cards
Southern Vines Circle	Pura Vida Bracelet Sale
Union of Hands Circle	Birthday Club



### Need a KD Shirt?

**No More Minimums; you are guaranteed to receive your shirt!**  
**\$22 each | \$3 from each sale comes back to KD!**  
**Order now, [www.kingsdaughters.org/ways-to-give/ongoing-projects/](http://www.kingsdaughters.org/ways-to-give/ongoing-projects/)**





Cisco offers a volunteer grant program to recognize employees who volunteer on a regular basis. The King’s Daughters are now recipients for the Cisco Foundation Matching Gifts program. If you or someone you know are interested in participating please call The KD Office to notify us.

### Round Up to Support



Round Up your purchase to the nearest dollar during Harris Teeter’s campaign for the kids at CHKD, January 8 through February 25, 2020.





601 Children's Lane,  
2nd Floor,  
Norfolk, VA 23507

**Raising Funds, Friends & Awareness for CHKD**



### Shop Kroger. Support CHKD.

- 1 Visit [kroger.com/communityrewards](https://www.kroger.com/communityrewards)
- 2 Create or log in to your Kroger account 
- 3 Under Find an Organization, Search The King's Daughters or WW044
- 4 Click Enroll
- 5 At checkout, swipe your Kroger Card or enter your Alt ID (usually phone).
- 6 Kroger donates to The King's Daughters, founders of CHKD



The King's Daughters is a nonprofit organization raising funds, friends & awareness for CHKD.

**March/April Circular deadline for article submission = February 1st**



The King's Daughters for CHKD



@KingsDaughterCHKD



@CHKDKD