



THE CIRCULAR

January/February 2019

2019



Be our Valentines!

Join us for

February KD Connect

Tuesday, February 12th

9:30-11:00am

Norfolk Waterside Marriott

Guest Speakers

Barbara Benson &

Carrie Barnish

CHKD's Healthy You

Program

RSVP BY FEBRUARY 8TH

www.kingsdaughters.org

CALL (757) 668-7098

PRESIDENT'S CORNER



Dear King's Daughters,

I hope everyone had a happy and healthy holiday season!

We just completed two of our major projects, Breakfast with Santa and Moonlight and Mistletoe. They were very successful in raising funds for the Mental Health Program at CHKD. I want to thank everyone who worked so hard to put them on. Thank you also to our sponsors and all of you who attended these events. If you would like to work on one of these committees next year, please let the office know. We are always looking for new ideas and volunteers.

I have really enjoyed joining some of your Circle's meetings. In December, I had the pleasure of attending the Alice Davis Circle's Holiday meeting and luncheon. My mother was a member of this Circle and I loved catching up with her friends and Circle members. Several Alice Davis Circle members were active on the CHKD boards as it went through the reorganization in the 1980's. Please let me know if you would like Lisa Coleman and me (or one of my fellow board members) to visit your Circle's meeting. We would love to update you on The King's Daughters and CHKD.



We are now accepting nominations for The King's Daughters' Board. The Nomination Criteria and Form are in this Circular. Please feel free to nominate someone (or yourself) who you feel would be good for our organization. The deadline for Nominations is February 15th.

I hope you can join us at our next KD Connect meeting on February 12th at 9:30 am at the Norfolk Waterside Marriott. We will have speakers from CHKD's Healthy You for Life program speak about children's weight management and how it affects their mental health.

I also want to ask you to look at other Circle's events and try to support other King's Daughters! We all have the same goal, Raising Funds, Friends, & Awareness for CHKD! As always, thank you so much for all that you do as King's Daughters!

With Warm Regards,

Julie Childress Beck
President, The King's Daughters

Need Circle Speakers?

Julie and Lisa are happy to join your Circle meeting to discuss The King's Daughters current initiative, history and what's to come. To invite please email, info@kingsdaughters.org or call 757-668-7098.

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Measuring the need

for pediatric mental and behavioral health care



1 in 5

children in the U.S. has a
diagnosable mental health condition.

More children die from suicide

than from cancer, cardiovascular disease, AIDS,
birth defects, stroke, pneumonia, influenza,
and chronic lung disease combined.



Regionally,

mental health is the most common
reason patients age 10 through
17 are admitted to a hospital.

**18,260
mental health visits**

to CHKD are projected for 2018.
Demand for these services has increased
by more than 400% since 2015.

Nearly 16%

of high school students report having
seriously considered suicide, and almost
8% report having attempted suicide at
least once in the past 12 months.



of adult psychiatric disorders first
appear before the age of 14.

Over the past 10 years,

the number of patients admitted
to children's hospitals for

suicidal thoughts

or self-harm has

more than doubled

in our country.



Fewer than 25%

of youth in need of mental health
services receive treatment.

Breakfast with Santa | November 17, 2018



A big THANK YOU to all who took part; volunteers, tree & gift package designers, musical entertainment & emcee.



2018 Committee: Chair, Carrie Lauck, Laura Calvert, Alison Leclair, Terry Parker and Mary Ellen Triplett

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Moonlight & Mistletoe | December 1, 2018



Thank You to Our 2018 Sponsors



Presenting Sponsor

SYR, Inc. Management Services

Platinum Sponsors

Dr. John Sweeney, Jr. & Sunny Sonner Asthma and Allergy Clinic

Fink’s Jewelers

Gold Sponsors

Great Bridge Garment CARE

PAPCO, Inc.

PNC Healthcare

Warden Family Foundation

Corporate Tables

Bank of America Merrill Lynch

Clark Nexsen Foundation

Compass One Healthcare

Coppermine Bakeries

CSG, Neonatology

Damuth Trane

EVMS/ CHKD Pediatrics

EVMS Department of Obstetrics

Kaufman & Canoles

MacArthur Center

Newport News Shipbuilding

Peter Decker Children’s Charity

PF&A Design— Architecture Planning & Interiors

ReAlta Life Sciences, Inc.

Southern Bank

Virginia Pilot Association

Welligent

Wilbanks, Smith & Thomas Asset Management

W.M. Jordan Company



L to R: Dr. Donald Nuss, Eleanor “Sugar” Bradshaw, Buzz Heidt and Julie Beck



2018 Committee: Co-Chairs: Lyn Reid &

Sunny Sonner, Sandy Burgess,

John Carman, Stephanie Carman, Chandy

Jones, Jean Mercer, Susan Pilato, April

Prest, Suzanne Talbert, Brittany Timbreza,

Jacqueline Troutman and Stacy Zepp

UPCOMING CIRCLE PROJECTS

January

Saturday, January 12 2pm-6pm	Seashell Circle- We Burn for CHKD!	Orangetheory Fitness, Virginia Beach
Sunday, January 13 4pm-8pm	East Beach Circle- Restaurant Night – AJ Gators	AJ Gators, Norfolk
Sunday, January 20 1pm-4pm	Atlantic Circle– AR Workshop Paint Night Party	AR Workshop, Virginia Beach
Friday, January 25 6pm-9pm	Circle by the Bay– Pasta Night at Pleasure House Brewing	Pleasure House Brewing, Virginia Beach

February

Saturday, February 9 7pm-10pm	Circle by the Bay– Mingle with heART Gallery Gala at VBSAG	Virginia Beach School of Art and Gallery, Virginia Beach
Saturday, February 9 7pm-9pm	Larchmont Friends Circle– Bingo with a Beat!	St. Patrick’s Catholic School, Norfolk
Saturday February 9 7pm-11pm	Dogwood Circle– Taps, Tunes & Spoons	Smartmouth-Pilot House, Virginia Beach
Sunday, February 10 2pm-5pm	Infinity Circle– Pingo	Chesapeake Fraternal Order of Police (FOP) Club, Chesapeake
Thursday, February 21– Sunday, February 24	Oceanfront Circle– 10 Annual Princess Anne Country Club Mixed Doubles Tennis Tournament	Princess Anne Country Club, Virginia Beach

KD Connects



Tuesday, April 9
The Westin, Virginia Beach
5:30pm Social | 6pm Meeting

Tuesday, June 4
Church of the Good Shepherd,
Norfolk
6pm Meeting

Raising funds, friends & awareness for CHKD

UPCOMING & ONGOING CIRCLE PROJECTS

March

Thursday, March 21 11am-3pm	Horizon Circle – March Mahjong Madness	Church of The Good Shepherd, Norfolk
Friday, March 22 6pm-9pm	Circle by the Bay – Nacho & Wing Bar at Pleasure House Brewing	Pleasure House Brewing, Virginia Beach

April

Saturday, April 6 10am-3pm	North Suffolk Circle – 2nd Annual Spring Bazaar	Bethlehem Christian Church, Suffolk
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May

Friday, May 10 12pm-7pm	North Suffolk Circle – 2nd Annual Golf Tournament	Sleepy Hole Golf Course, Suffolk
Sunday, May 19 1pm-6pm	Seashell Circle – 8th Annual Bad to the Boards Cornhole Tournament	Baja Sandbridge Restaurant, Virginia Beach

Ongoing

Beacon Circle	CHKD Tervis Tumbler
Cypress Point Circle	Worth the Wait
Infinity Circle	Hand Painted Wine Glass
Lynnhaven Sandpiper, Jr. Circle	Papa John’s Dollars for Dough
NICU Friends Circle	Heart Shaped, Baby Feet Greeting Cards
Union of Hands Circle	Birthday Club

Raising funds, friends & awareness for CHKD

Board of Directors Nominations



CRITERIA AND EXPECTATIONS FOR THE KING'S DAUGHTERS BOARD OF DIRECTORS

A candidate for membership to The King's Daughters Board of Directors should meet the following:

Criteria/Qualifications:

- Be a member of a King's Daughters Circle for a minimum of two years.
- Have worked on a Major Project or been the Chair of a Circle project or been a Circle Leader.
- May not be an employee of Children's Hospital of The King's Daughters.

Expectations:

- Attend monthly board meetings
- Attend board committee meetings as necessary
- Attend KD Connect meetings (4-5 per year)
- Serve as a liaison to Circles
- Become a hospital tour guide
- Sign a conflict of interest form and confidentiality agreement
- Become educated in the workings of The King's Daughters and the other corporations under the umbrella of the CHKD Health System
- Support CHKD's Annual Giving Campaign
- Support and attend The King's Daughters' Major Projects
- Ability to act as a spokesperson for The King's Daughters
- Possess a demonstrated commitment to community service, support for The King's Daughters mission and values
- Willingness to accept additional duties as assigned by The King's Daughters Board of Directors' President

Please Note:

All KD Board of Directors members:

- May not hold a leadership office in their own Circle or on a Major Project's committee unless approved by The Executive Committee of The King's Daughters Board of Directors
- May not serve as their Circle's representative at KD Connect Meetings
- With the exception of The King's Daughters' President, who is a Class A member of the Children's Health System Board and an Executive Committee Member who automatically serves as on the Children's Health Foundation Board, a King's Daughters Board Member may serve on a Children's Health System affiliate Boards with the approval of the Executive Committee.

Complete the nomination form and return it to The King's Daughters office

All forms must be received no later than Friday, February 15, 2019

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Board of Directors Nominations



Nomination Form
The King's Daughters' Board of Directors

Name: Phone #:
Address:
Circle:
Occupation: Employer:
Community involvement:
How many years has the nominee been a King's Daughter?
Has the nominee ever participated as one of the following?
o Circle Leader (years)
o Project Leader (project type)
o Committee Member of a Major Project (which project/year)

- Accounting/Banking/Finance
Administrative
Advocacy
Business/Corporate
Communications/
Editing/Writing
Fundraising/Development
Graphic Design
Healthcare
Human Resources/Management
Insurance
Legal
Nonprofit
Special Events/Event Planning
Strategic Planning/Team

Skills/background/education Check all that apply:

Briefly explain why you feel this person is a good candidate to serve on the Board of Directors of The King's Daughters:

Nominated by: Circle:
I have told the person they have been nominated by me. (Yes/No)
Please notify me if the person is or is not elected to the board.

Please scan/email, mail or fax this sheet no later than Friday, February 15, 2019
The King's Daughters | 601 Children's Lane, 2nd floor | Norfolk, VA 23507
668-8907(fax) | info@KingsDaughters.org

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KD Kudos & Legacy Giving

KD Kudos

Atlantic Circle introduced development hearts to The King's Daughters and the hearts were added to our repertoire of linens items. Developmental Hearts are given to mothers whose newborn infants have been admitted to the Newborn Intensive Care Unit (NICU). The fabric heart is worn against the mother's skin so that the fabric might absorb the scent of the mother. The heart is placed with the baby in the isolette or crib so the mother is always with her child. Atlantic Circle brought us the prototype with the poem and that is history. This past year, The King's Daughters made over 600 development hearts for the tiniest of patients at CHKD.



Legacy Giving



Betsy and Conoly Phillips have served the Hampton Roads community for more than 50 years, and advocating for the health and well-being of local children has long been a focus of their stewardship. For Betsy, the desire to help children began at the age of 13 when she joined The King's Daughters, and her interest and commitment to CHKD grew over the years. "I have come to know and love the children at CHKD," says Betsy, who is still a member of the Ruth Sargeant Circle. "I am passionate about helping." Conoly agrees. "It is very important to both of us to protect and care for children in need, and that is why we made the decision to include CHKD in our estate plans," says Conoly. "When we give to CHKD, we always know that every penny is taking care of children." Betsy and Conoly raised three children in Hampton Roads and have five grandchildren. "This community has given so much to us and our family and friends over the years," says Betsy. "It is an honor to be able to include CHKD in our will and help ensure it remains a resource for local families for many years to come." If you would like more information about how you can include CHKD in your estate plans, call Susan Carriker, Director of Planned Giving at 757-668-7423.

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Thrift Store Bag Drive



The King's Daughters' Thrift Store Bag Drive

ALL CIRCLES ARE ENCOURAGED TO PARTICIPATE!

February 1st, 2nd, 4th

(No Pick-ups Sunday, February 3rd)

**Circles need to schedule ONE PICK-UP ON
February 1st, 2nd or 4th.**

**Please have all donations to your Circle's
designated pick-up location prior to January 29th.**

**CIRCLES TURNING IN THE MOST DONATION BAGS WIN
THE FOLLOWING TO BE DONATION:**

1ST PLACE: \$500.00

2ND PLACE: \$300.00

3RD PLACE: \$200.00

HONORABLE MENTION: \$100.00

**Call the CHKD Thrift Store to schedule:
622-KIDS (Southside) or 757-874-KIDS (Peninsula)**



Board of Directors

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601 Children's Lane,
2nd Floor,
Norfolk, VA 23507

Raising Funds, Friends & Awareness for CHKD



SATURDAY, MAY 11, 2019
Waterside District, Downtown



HELP US REACH 5,000 FOLLOWERS ON FACEBOOK!



The King's Daughters for CHKD



@KingsDaughterCHKD



@CHKDKD

March/ April Circular deadline for article submission = February 1st