



# THE CIRCULAR

AUGUST/SEPTEMBER 2018



## IMPORTANT DATES

### Circle Officer Orientation

Tuesday, August 21, 2018  
2 Sessions: 4:00 pm - 5:30 pm  
or 6:00 pm to 7:30 pm

### Make a Scarecrow, Make a Difference

Saturday, September 22, 2018  
Sunday, September 23, 2018  
9:00 am to 4:00 pm

### Jr. Circle Member Orientation

Sunday, September 30, 2018  
2:00 pm to 4:30 pm

### Annual Recognition Celebration

Tuesday, October 9, 2018  
5:30 pm to 8:00 pm

### Breakfast with Santa

Saturday, November 17, 2018  
10:00 am to 1:00 pm

### Moonlight & Mistletoe

Saturday, December 1, 2018  
6:30 pm to Midnight

## THE KING'S DAUGHTERS CIRCLE ORIENTATION

Tuesday, August 21, 2018

2 Sessions: 4 - 5:30 pm or 6 - 7:30 pm

Church of the Good Shepherd

7400 Hampton Blvd, Norfolk, VA 23505

Participate, share, learn & grow with your fellow circle members.

All King's Daughters are welcome to attend.  
Circle Leaders & Treasurers are strongly  
encouraged to attend!

RSVP

[WWW.KINGSDAUGHTERS.ORG/UPCCOMING-EVENTS](http://WWW.KINGSDAUGHTERS.ORG/UPCCOMING-EVENTS)

[info@kingsdaughters.org](mailto:info@kingsdaughters.org) or  
757-668-7098

## KD CONNECTS

### Junior Circle Member Orientation

Sunday, September 30  
2:00 to 4:30 PM

### CHKD Main Hospital

601 Children's Lane  
6th Floor Conference Room  
Norfolk, VA 23507



Join a Circle, start a Circle, meet up with your current Circle!  
Learn about Major Projects & volunteer opportunities.  
Following the meeting tour the hospital.

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[info@kingsdaughters.org](mailto:info@kingsdaughters.org) or 757-668-7098

### Annual Recognition Celebration

Tuesday, October 9  
5:30 to 8:00 PM

### Norfolk Yacht & Country Club

7001 Hampton Blvd.  
Norfolk, VA 23505



Save the date! Join us for The King's Daughter's  
Annual Recognition Dinner! Limited seating available.  
Reservation opportunities & details to follow.

RSVP: [WWW.KINGSDAUGHTERS.ORG/UPCCOMING-EVENTS](http://WWW.KINGSDAUGHTERS.ORG/UPCCOMING-EVENTS)  
[info@kingsdaughters.org](mailto:info@kingsdaughters.org) or 757-668-7098

## RAISING FUNDS, FRIENDS & AWARENESS FOR CHKD

## PRESIDENT'S CORNER

Dear King's Daughters,

I am honored to serve as The King's Daughters' President and proud to be part of such a wonderful organization that supports the well-being of our children. I am overwhelmed by the support and enthusiasm of our membership. Our Circles are very different in size, age, meeting times, and projects, but we all have the same goal of supporting the hospital in whatever way we can from fundraising to bear making and volunteering. I thank you for your continued commitment and energy!



I want to thank our past President, Elly Smith, for her leadership and guidance over the past two years. I ask that each of you offer her thanks when you see her.

I am very excited to let you know that last year, through our major projects, Circle projects and Canisters, we were able to donate \$700,000 to CHKD. Of which, \$500,000 will go toward our \$1 million dollar pledge toward CHKD's Mental Health Program! I am so proud of how energized and enthusiastic you all are in contributing to CHKD's Mental Health Program.

As we start a new King's Daughters year, I invite everyone to attend our Circle Officer Orientation on August 21<sup>st</sup> at the Church of Good Shepherd. We have two sessions, 4-5:30 pm and 6-7:30 pm, to try to accommodate everyone's schedules. Circle Leaders and Treasurers are strongly encouraged to attend, but there will also be information on other areas that can help educate all Circle members. We will have breakout sessions for different topics that will be a great time to share ideas with and learn from other Circles.

Please mark your calendars for our Annual Recognition Celebration on October 9<sup>th</sup> at Norfolk Yacht and Country Club. This is our opportunity to thank you for all that you do.

I am eager to work with you as President. I am always open to your thoughts, suggestions and feedback. Again, thank you for all that you do as King's Daughters!

Warm regards,

A handwritten signature in blue ink that reads "Julie".

Julie Childress Beck,  
President, The King's Daughters

*We send our heartfelt thanks to Elly Bradshaw Smith for her very active participation as our 2016-18 President.*

*The King's Daughters sincerely appreciate all your efforts and support.*



The King's Daughters Board Orientation & Social hosted by our 2018-2020 President, Julie Beck!

# Meet the 2018-19 Board of Directors

## 2018-19 EXECUTIVE COMMITTEE

Julie Childress Beck, President  
Chandy Jones, VP Communications  
Stacey J. Vellines, VP Development  
Mary Beth Rickman, VP Membership  
Kristina Malleck, Secretary  
Katherine M. Knaus, Treasurer

## 2018-19 BOARD OF DIRECTORS

Paula Adams  
Donna M. Cowdrey  
Laura Fulton  
Kristi Jones  
Nicole Federinko Legum  
Kathy Protogyrou  
Ashley Friend Vellines  
Whitney Metzger Weireter  
Carrie Williams

## WELCOME NEW BOARD MEMBERS



**Paula Adams**



**Donna Cowdrey**



**Laura Fulton**



**Carrie Williams**

### **Paula Adams** **Horizon Circle**

Joined The King's Daughters in October 2010 after her son Gavin was hospitalized at CHKD in 2008 at 10 days old; member of the planning committee for the last Holly Ball; chaired her Circle Derby party in 2014; loves her family, to entertain, spend time with friends, spend time in the sun, run and eat; employed as Director of Admissions, ECPI University's College of Health Science.

### **Donna Cowdrey** **East Beach Circle**

Established the East Beach Circle of The King's Daughters in 2008; member of Maltese Cross Circle for 2 years; initiated and proposed Barefoot on the Beach (B.O.B.); served on the KD Board from 2010-2015; enjoys her family, time spent with special friends, the beach, traveling, walking, music, Book Club, Mah Jong, Bunko groups and attending activities in her community.

### **Laura Fulton** **Circle by the Bay**

Joined Circle by the Bay in 2011; served two years as Treasurer, two years as Leader, and two years as Secretary; served on the KD Membership Committee 2016-2018; worked for ten years in the geriatric field; loves being a busy mom to her twin daughters, volunteering at school, family outings to the beach, time spent with extended family, eating out and trying new restaurants, wine with her friends and family, walks and cuddle time with her dog Fletcher.

### **Carrie Williams** **Circle in the Bridge**

Member of Circle in the Bridge; served as Leader for the circle for the past 2 years; loves being active, playing volleyball year-round, running, spending time with her family, gardening and cooking; employed as Senior Mortgage Banker, Atlantic Bay Mortgage Group.

## UPCOMING PROJECTS



### MAGNOLIA CIRCLE DRAGON BOAT RACE FUNDRAISER

Join us Saturday, September 15 as a paddler, sponsor, volunteer, vendor or spectator for our 4th annual race to benefit Children's Hospital of The King's Daughters at Nauticus Pier.

REGISTRATION OPEN NOW!



#### MAGNOLIA CIRCLE

Raising funds, friends, and awareness for



[www.kingsdaughters.org/circle/magnolia](http://www.kingsdaughters.org/circle/magnolia)  
[chkd magnoliacircle@gmail.com](mailto:chkd magnoliacircle@gmail.com)



## SEPTEMBER 15, 2018 DON'T MISS OUT

In 2017, we had 20 boats with 450 participants and 40 volunteers.

We raised \$20,000 for

CHKD's Mental Health programs.

This year's goal is \$30,000 and we need YOU!

# PADDLES UP!

*Register & attend our upcoming fall projects!*



23rd annual  
**make a scarecrow**  
SEPTEMBER 22-23  
SATURDAY & SUNDAY • 9AM-4PM

REGISTER IN STORES OR ONLINE  
[mcdonaldgardencenter.com/events](http://mcdonaldgardencenter.com/events)



The King's Daughters  
Founders of Children's Hospital




McDonald  
Garden Center

**INDEPENDENCE**  
1144 Independence Blvd.  
Virginia Beach, VA  
757.464.5564

[WWW.KINGSDAUGHTERS.ORG](http://WWW.KINGSDAUGHTERS.ORG)

## MAJOR PROJECTS



**BREAKFAST  
with  
Santa**

November 17, 2018 ★ 10 AM - 1 PM  
The Westin, Virginia Beach Town Center

A project of  
The King's Daughters  
to benefit  
CHKD's Mental  
Health Program

[www.kingsdaughters.org/breakfastwithsanta](http://www.kingsdaughters.org/breakfastwithsanta)



*Get Involved: volunteer, sponsor &/or attend our upcoming major projects!*



*Moonlight  
&  
Mistletoe*

DECEMBER 1, 2018

6:30 PM to Midnight, Norfolk Waterside Marriott

[WWW.KINGSDAUGHTERS.ORG](http://WWW.KINGSDAUGHTERS.ORG)

# UPCOMING CIRCLE PROJECTS

## SEPTEMBER



**4th Annual Dragon Boat Race**  
Magnolia Circle  
Sat., September 15, 2018  
8:00 AM to 3:00 PM  
Nauticus  
Norfolk, VA



**Community Shredding Event**  
Circle of Hope  
Sat., Sept. 15th, 2018  
9:00 AM to Noon  
WHRO Public Media  
Norfolk, VA



**Gourmet Giggles**  
Maltese Cross Circle  
Thurs., September 20, 2018  
5:30 PM to 8:30 PM  
Town Point Club  
Norfolk, VA

## cont..SEPTEMBER



**Make a Scarecrow, Make a Difference**  
Caritas Circle & Circle of Rainbows  
Sat., September 22, 2018 &  
Sun., September 23, 2018  
9:00 AM to 4:00 PM  
Virginia Beach, VA



**Horizon Dock Party**  
Horizon Circle  
Sun., September 23, 2018  
4:00 PM to 8:00 PM  
Lauren Wolcott's Residence  
Norfolk, VA



**Fall Festival**  
Elizabeth River Circle  
Sat., September 29th, 2018  
10:00 am to 2:00 pm  
The Crossing's at Harbour View  
Suffolk, VA

## OCTOBER



**Norfolk Admirals**  
KD Season Opener  
KD Circle Wide  
Sat., October 13, 2018  
7:00 PM to 10:00 PM  
Norfolk Scope  
Norfolk, VA



**19th Annual Oyster Roast**  
Downtown Circle  
Saturday, October 20, 2018  
4:00 PM to 8:00 PM  
Tidewater Boat Club  
Norfolk, VA

## DECEMBER



**Children's Christmas Shop**  
Azalea Unity & Union of Hands Circle  
Sat., December 1, 2018  
9:30 AM to 1:00 PM  
Saint Patrick Catholic School  
Norfolk, VA

**DETAILS & REGISTRATION AVAILABLE :**

# ONGOING CIRCLE PROJECTS

## JOIN THE UNION OF HANDS CIRCLE BIRTHDAY CLUB!

### Birthday Club

#### Union of Hands Circle

Ask their party guests to consider making a donation to CHKD instead of bringing a present. Donations will help buy toys, games and medical equipment for critically ill children and fund educational programs at the Hospital.



### Hand Painted Wine Glass Sales Infinity Circle

Phone & Online Purchases Available  
Custom hand painted wine glasses by Andrea Jeffers! Cost per glass \$25.

You select your design, wording and color scheme! For more info and to place your order, contact Andrea at 580-5051 or [HandCraftedFool@gmail.com](mailto:HandCraftedFool@gmail.com)



### Heart Shaped, Baby Feet Greeting Cards NICU Friends Circle

Online and Phone Orders Accepted  
Purchase these precious notecards with artwork made from baby feet prints!  
\$8 per 10 pack with envelopes.  
6"x4" blank notecards. To purchase or for more information, call 757-472-2406



### Tervis Tumbler Sale Online

Pick Up at CHKD, Main Hospital  
December & May  
Online orders & details to follow



## SHOUT OUT FOR HISTORY

The History Committee is completing 3 years of work archiving the vast collection of records and memorabilia accumulated thru the years. While, much of The King's Daughters history has been retained some of the records are missing. Before the materials are donated to the Sargeant Memorial Room of The Slover Library we would like the records to be as complete as possible. PLEASE check old files, circle histories and help us fill in the gaps.

**MISSING:** Annual reports for years 1920, 1921, 1934, 1935, 1945, 1946, 1947, 1975, 1979, 1980, 1981, 1982

We would also like to include copies of any cookbooks published by circles.

Anything you have in the way of records and/or history that you feel should be included, please call the KD office at [info@kingsdaughters.org](mailto:info@kingsdaughters.org) or 757-668-7098.



601 Children's Lane, 2nd floor  
Norfolk, VA 23507  
Ph.757.668.7098  
WWW.KingsDaughters.org

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***Raising Funds, Friends & Awareness for CHKD***

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## COMMUNITY CORNER: 2018 LEMONADE STAND TO E-LEMON-ATE CHILDHOOD CANCER!

Betty Demko, one of our wonderful East Beach Circle members has amazing little grandkids (Olivia in the hat in the first picture). Olivia has been active in helping our Circle for a few years now. She asks her grandma to come to our bear stuffings and she sits with all our members and stuffs bears. And this is the 3rd or 4th time Betty's grandkids have had their little lemonade stand where the proceeds go to CHKD. And this has all been their idea!

- Kim Caprio, East Beach Circle Leader



**HELP US REACH 5,000 FOLLOWERS ON FACEBOOK!**



The King's Daughters for CHKD



@KingsDaughterCHKD



@CHKDKD

**October/November Circular deadline for article submission = Sep 1st.**