



## MARCH/APRIL 2018 CIRCULAR



*find  
inside*

DOWNTOWN TOUR  
DETAILS

SAVE THE DATES FOR  
MAJOR PROJECTS  
&  
2018 THRIFT  
STORE DRIVE

UPCOMING CIRCLE  
PROJECTS

KD CONNECT WRAP UP

HEALTHCARE  
HEROES

&  
MORE

# KD CONNECT

**TUESDAY, April 10 at 5:30PM**

The Westin, Town Center, Virginia Beach

*Meet other Circle Members*

*Learn about updates & happenings at CHKD!*

(Each Circle please plan to send a representative)

**Enjoy Social with cash bar & hors d'oeuvres after**

**RSVP by Friday, April 6**

**[WWW.KingsDaughters.org/upcoming-events/](http://WWW.KingsDaughters.org/upcoming-events/)**



*More info inside!*

**RAISING FUNDS, FRIENDS & AWARENESS FOR CHKD**

# A LETTER FROM THE PRESIDENT



Dear Fellow King’s Daughters,

Many thanks to everyone who attended our February KD Connect meeting. Highlights of the meeting included the announcement that the Children’s Health System Board has approved the construction of a \$50 million Behavioral/Mental Health Building. The building will be located on the property adjacent to the current Medical Tower. The facility will include inpatient beds as well as areas for a comprehensive outpatient program. The King’s Daughters’ recognition of this being a top priority for children in our community coupled with our \$1 million pledge for behavioral/mental health services was instrumental in bringing this need to the forefront.

In order to make this building a reality, we must have approval from the Virginia Department of Health for a certificate of public need (COPN) for 60 inpatient beds. Each King’s Daughter is being asked to write a letter of support to Marissa Levine, MD, MPH, State Health Commissioner, Virginia Department of Health for the approval of this COPN. A KD eblast will be sent by early March with a sample letter. If you do not have access to email, please contact the KD office and they can provide sample wording for your letter. I cannot stress enough how important it is for this COPN request to have our support.

At our February KD Connect meeting, we celebrated one of our most special projects: The KD Bear. Many thanks to the East Beach, Lakewood and Cypress Point Circles for helping demonstrate the steps to make a bear. The KD staff also developed a slide show “A Day in the Life of a Bear”. Can you believe that we made over 13,000 bears last year for children having surgery? But more important is how special these bears are for the children and their parents. A Circle member shared a story she was told by a nurse when the surgery waiting room “ran out” of bears. A child, who had multiple surgeries in the past, was in for yet another surgery. Unfortunately, there wasn’t a bear for this child. The child, fearfully, looked to his doctor and asked “if there are no bears, does this mean I am going to die?” I am sure you are as touched as I that our bears, tooth fairy pillows, blankets and NICU and cancer caps are as important as the funds we raise. No matter a Circle’s involvement it is all important and so very necessary! Be proud of all that you do. I now that I am!

I hope to see you all at the April KD Connect meeting on Tuesday, April 10th at the Westin in Town Center, Virginia Beach.

Fondly,

Elly Bradshaw Smith,  
President, The King’s Daughters



**VOLUNTEERS:**

- **April 21**—9AM-12PM Healthy You Expo at the Blocker YMCA help promote RunWalk for the Kids and your Circle projects!
- **May 12**—5:30AM-10:30AM RunWalk for the Kids at Waterside district.



[WWW.KINGSDAUGHTERS.ORG](http://WWW.KINGSDAUGHTERS.ORG)



Raising Funds, Friends & Awareness for CHKD

LIVING IT UP  
HISTORIC DOWNTOWN LIVING

A TOUR DE  
CUISINE EVENT  
12 - 5 PM

JOIN US FOR A UNIQUE TOUR  
AND TASTING EXPERIENCE

An exclusive look into 6 of Marathon Development's premier apartment buildings, including luxurious new living spaces and state-of-the-art appliances. Explore the model apartments, the poolside and clubhouse settings, all newly renovated with a nod to each building's history. Hors d'oeuvres & drinks provided by local restaurants.

TOUR + TASTING  
\$60/PERSON



DOWNTOWN  
LIVING

TOUR OF 6  
LUXURY APARTMENTS



VIP PARTY AT ICON  
5:30 PM-7:30 PM

BE THE FIRST TO EXPLORE THE ICON

Following the apartment tour continue the celebration of downtown Norfolk's landmark building the ICON, formerly the Bank of America Building. Icon's rooftop stands 24 floors above Norfolk's bustling city streets. Enjoy the breathtaking, 360 degree views of the Elizabeth River waterfront, Norfolk city skyline and beyond. Unwind with hors d'oeuvres, drinks, a raffle drawing, live music & more,

TOUR OF 6  
LUXURY APARTMENTS  
& VIP PARTY AT ICON:  
\$90/PERSON



A PROJECT OF  
THE KING'S DAUGHTERS  
TO BENEFIT



WWW.KINGSDAUGHTERS.ORG/UPCOMING-EVENTS



*save the date*

THE KING'S DAUGHTERS PRESENTS

## CHKD THRIFT STORES DONATION BAG DRIVE

APRIL 27, 28, 30

CIRCLES TURNING IN THE MOST  
DONATIONS BAGS WIN THE  
FOLLOWING FOR THEIR CIRCLE:

1ST PLACE:  
\$500

2ND PLACE:  
\$300

3RD PLACE:  
\$200

HONORABLE MENTION:  
\$100



Please assign ONE person from your  
Circle to schedule ONE pick up date  
& location before April 27th.

CALL CHKD THRIFT STORE TO SCHEDULE:  
622-KIDS (Southside) or 874-KIDS (Pennisula)

ADDITIONAL CHKD THRIFT STORES DONATION BAG DRIVE GUIDELINES & DETAILS @  
[www.kingsdaughters.org/member-resources](http://www.kingsdaughters.org/member-resources)

WWW.KINGSDAUGHTERS.ORG

—save the date—



**SATURDAY, NOVEMBER 17 AT THE WESTIN, TOWN CENTER**



**SATURDAY, DECEMBER 1  
NORFOLK WATERSIDE  
MARRIOTT**



**WWW.KINGSDAUGHTERS.ORG**



## Raising Funds, Friends & Awareness for CHKD!



### KD KUDOS

Brother and sister, Jacob and Skylar Hatcher learned about our CHKD Surgery Bears and took it upon themselves to pick out fabric, stuff and sew some bears for CHKD patients themselves! (With a little help from Grandma).

A BIG THANK YOU to Jacob and Skylar for thinking about other children and for helping The King's Daughters to make a difference!



Many thanks to everyone who attended our special Valentine's Day KD Connect. We shared surgery bear stories, watched a video "From pattern to Patient" and learned more about how to construct surgery bears at a workshop afterwards! Many thanks to those who facilitated this meeting.

- **Did you know?** To make 10,000 bears it takes 1,430 lbs. stuffing and 2,856 yards of fabric
- **Did you know?** Last year King's Daughters made 13,071 bears
- **Did you Know?** CHKD also needs: Tooth Fairy Pillows, Look-a-like dolls, heart pillows, journal covers & developmental hearts.

**Circles also presented checks (in the amount of \$25,874!) and promoted upcoming projects.**

[WWW.KINGSDAUGHTERS.ORG](http://WWW.KINGSDAUGHTERS.ORG)

Raising Funds, Friends & Awareness for CHKD!

**DID YOU KNOW?**

**20%**

of children in the United States have a **diagnosable** mental health condition.

**DID YOU KNOW?**

More children die from **suicide** than cancer, heart disease, birth defects, AIDS, stroke, pneumonia, and chronic lung disease **combined**.

Behavioral Health covers many areas.

**SOME AREAS INCLUDE: ADHD   AUTISM   EATING DISORDERS  
DEPRESSION   PHOBIAS   SUICIDAL THOUGHTS**

1 in 5 children  
ages 13-18  
**HAVE** or  
**WILL HAVE**  
a serious  
mental illness



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UPCOMING CIRCLE PROJECTS

March



PUNGO PIZZA NIGHT  
Weds., March 7th  
5-8 pm  
Pungo Pizza  
Virginia Beach  
Carol's Angels Circle



DINNER AT SUPPER  
SOUTHERN MORSELS  
Mon., March 12th  
5-11 pm  
Supper Southern Morsels  
Norfolk  
Azalea Unity Circle



MAHJONG MADNESS  
Thurs., March 15th  
11 am- 4 pm  
Driver, King's Hwy  
Suffolk  
Horizon Circle



Spring Bazaar  
Sat., Mar. 17th  
9 am-3 pm  
Bethlehem Christian  
Church, Suffolk  
North Suffolk Circle



MARCH MADNESS  
Thurs., March 22nd  
7- 10 pm  
Azalea Inn Grill  
Norfolk  
Magnolia Circle &  
Union Hands Circle



KICKIN' FOR THE KIDS  
KICKBALL TOURNAMENT  
Sat., March 24th  
8 am-7 pm  
Ghent Elementary School  
Norfolk  
Lafayette River Circle



TERVIS TUMBLER SALE  
Online Sales  
March 26 - May  
pick up at CHKD May 24th  
Norfolk  
Beacon Circle



SANDFIDDLER CAFE  
FUNDRAISER  
Tues., Mar. 27th  
6 am-2:30 pm  
Sandfiddler Cafe, Shore Dr.,  
Norfolk  
Caritas Circle



MAKE & TAKE PARTY  
Tues., March 27th  
6:30 - 10 pm  
Paint Stuff Studio  
Chesapeake  
Circle in the Bridge



CHURCH POINT  
EASTER EGG HUNT  
Sat., April 1st  
2 - 3:30 pm  
Church Point Gazebo  
Virginia Beach  
Circle by the Bay



EAST BEACH PLEIN AIR  
PAINTING ESCAPE  
Sun., April 15th  
3 pm VIP access  
4 - 6:30 pm  
Bayfront Club House  
Norfolk  
East Beach Circle



MT Vernon, Land & River  
Bus Tour  
Tues., Apr. 17th  
7 am-9 pm  
Bayside Baptist  
Virginia Beach to Mt. Vernon  
Caritas Circle



A PARTY FOR THE  
PINT-SIZED  
Fri., April 20th  
7 - 10 pm  
O'Connor Brewing Co.  
Norfolk  
NICU Friends Circle



EAST BEACH BAKE SALE  
Sat., April 21st  
9 am -5 pm  
East Beach: 28th Bay St.  
& Hammock St.  
Norfolk  
East Beach Circle



WHITNEY LYNNE MEMORIAL  
GOLF TOURNAMENT  
Sat., April 21st  
12 - 8 pm  
Cahoon Plantation Golf Course  
Chesapeake  
Circle in the Bridge



REFRESHMENTS @  
TOUCH THE TRUCK  
Sat., April 21st  
9 am- 3 pm  
Driver, King's Hwy  
Suffolk  
North Suffolk Circle



It's 5 O'Clock Somewhere  
at Top Golf  
Sun., April 29th  
5-8 pm  
Top Golf  
Virginia Beach  
Driftwood Circle



INFINITY CIRCLE'S  
DERBY DE MAYO  
Sat., May 5th  
3-8 pm  
Chesapeake Courtyard Farms  
Chesapeake  
Infinity Circle



FORE! THE KIDS  
GOLF TOURNAMENT  
Mon., May 7th  
10 am- 5 pm  
Aeropines Golf Club-  
Oceana Naval Base  
Virginia Beach  
Aloha Circle



GORGEOUS GERANIUM SALE  
Online-May 1st  
Church of Good Shepherd  
Pick-up: May 9th, 2-5 pm  
Norfolk  
Azalea Unity Circle



ORTH SUFFOLK CIRCLE  
GOLF TOURNAMENT  
Fri., May 11th  
11:30 am - 7 pm  
Sleepy Hole Golf Course  
Suffolk  
North Suffolk Circle



BARGAIN BOOKS  
FOR BABIES  
Fri., May 11th  
11 am - 1:30 pm  
CHKD Hospital Picnic  
Norfolk  
Circle in the Bridge



MUSIC FOR HOPE  
Fri., May 18th  
7 - 11 pm  
Governor's School  
for the Arts  
Norfolk  
Magnolia Junior Circle



YARD SALE: TREASURES,  
TRINKETS & MORE  
Sat., May 19th  
8 am- 3 pm  
916 Stockbridge Dr.,  
Virginia Beach  
Caritas Circle

May

WWW.KINGSDAUGHTERS.ORG/UPCOMING-EVENTS



## ONGOING CIRCLE PROJECTS

June



**SUMMER FUN 2018**  
Sat., June 9th  
2 - 4 pm  
ODU Webb Center, N. Cafe  
Norfolk  
Circle of One & Team VA



**PARTEE FOR THE KIDS**  
Tues. , Jun. 19th  
6-9:30 pm  
TowneBank Service Center  
Suffolk  
Esprit de Coeur Circle



**TEE ONE UP  
GOLF TOURNAMENT**  
Wed. , Jun. 20th  
11 am-7:30 pm  
Riverfront Golf Club  
Suffolk  
Esprit de Coeur Circle

Ongoing projects



**DOLLARS FOR DOUGH**  
Code: SUPPORTCHKD  
Online  
Lynnhaven  
Sandpiper Jr. Circle



**HEART SHAPED BABY FEET  
GREETING CARDS**  
Email/Online  
NICU Friends Circle



**VA DINER PEANUT SALE**  
Online  
Elizabeth River Circle



**HAND PAINTED WINE  
GLASS SALES**  
Email/Online  
Infinity Circle



### Do you shop at Kroger?

If so, register your Plus card for the Community Rewards Program and support The King's Daughters. By enrolling your Kroger Plus card, you will be contributing funds to KD every time you shop with your card. To get started, visit Kroger Community Rewards.com or your neighborhood Kroger store.

### To register online:

- = Click on 'Sign In' if you have an account, or 'Create an Account' if you do not
- = You will be asked for basic information such as address and email to create the account.
- = When asked for organization, you can search by name or enter **90697**
- = Simply swipe your registered Kroger Plus card or use the phone number that is related to your registered Kroger Plus card when shopping for each purchase to count.

This opportunity is not limited to our membership; anyone can select The King's Daughters as their Kroger Community Rewards Partner, so please share!

### LIKE & BE-FRIEND US ON FACBOOK!

<https://www.facebook.com/kingsdaughters/>

### JOIN OUR DISCUSSION BOARD ON FACEBOOK!

This is an easy way for KD Members to share tips and helpful contacts for you and your fellow Circle members!

<https://www.facebook.com/groups/kddiscussionboard/>

[WWW.KINGSDAUGHTERS.ORG/UPCOMING-EVENTS](http://WWW.KINGSDAUGHTERS.ORG/UPCOMING-EVENTS)

Raising Funds, Friends & Awareness for CHKD



**Saturday, May 12, 2018**

**8k Run 2 Mile Walk**

**1 Mile Fun Run**

**REGISTRATION NOW OPEN!**

We need King's Daughters to help:

- \* Register & Start a team
- \* Walk or Run
- \* Fundraise (creating a fundraising page is easy!)
- \* Volunteer or cheer us on!

**A BIG THANK YOU** to the following  
Circles that have created a team/  
Fundraiser (\$) so far:

- Circle in the Bridge
- Coastal Junior Circle (\$)
- Lafayette River Circle
- NICU Superheroes (\$)
- North Suffolk Circle (\$)
- Southern Vines Circle



**WWW.RUNWALKFORTHEKIDS.ORG**



Raising Funds, Friends & Awareness for CHKD

**HealthCare  
HEROES**

**Inside Business**  
The Hampton Roads Business Journal

### **Congratulations King's Daughters!**

We were nominated and awarded the  
**Community Service Group Award**,  
helping to make a difference in healthcare in Hampton Roads.

Awards were presented February 26 at the Norfolk Waterside Marriott.



[WWW.RUNWALKFORTHEKIDS.ORG](http://WWW.RUNWALKFORTHEKIDS.ORG)



601 Children's Lane, 2nd floor  
Norfolk, VA 23507  
Ph.757.668.7098  
WWW.KingsDaughters.org

*Raising Funds, Friends & Awareness for CHKD*

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## Please Support CHKD's COPN Request

Certificate of Public Need

(COPN)

In its effort to provide the best care and the best facilities in pediatric mental health, CHKD needs our help. Please write your letter of support for CHKD's Certificate of Public Need (COPN) (COPN Request # VA- 8366) to add 60 pediatric inpatient mental health beds. You should include your name and address and that you are a member of The King's Daughters, founding organization of CHKD.



Letters should be sent to :  
Marissa Levine, MD, MPH  
State Health Commissioner  
Virginia Department of Health  
Madison Building  
109 Governor Street, Thirteenth Floor  
Richmond, Virginia 23219



Additional information on what to include in your letter can be found on CHKD's website:

<http://www.chkd.org/About-Us/CHKD-Health-System/Advocate-for-Mental-Health-Care-at-CHKD/>

When mailing your letter, please send one copy to Dr. Levine (address above) and send an additional copy to: Stephen D. Rosenthal, Troutman Sanders LLP, P.O. Box 1122, Richmond, VA 23218, and Jim Dahling, CHKD, 601 Children's Lane, Norfolk, VA, 23507.

If you wish to email your letter, please scan a copy and send as an attachment to:  
[copn@vdh.virginia.gov](mailto:copn@vdh.virginia.gov) and to [steve.rosenthal@troutman.com](mailto:steve.rosenthal@troutman.com) and  
[sandra.brooks@chkd.org](mailto:sandra.brooks@chkd.org)

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