



THE CIRCULAR
MAY/JUNE 2017

The King's Daughters' Board of Directors requests your presence at the

KD CONNECT MEETING & ANNUAL ELECTION

Tuesday, June 6, 2017 5:30PM – 7PM

5:30 PM Light Refreshments, Wine & Appetizers

6:00 PM Meeting

at

Church of the Good Shepherd

7400 Hampton Blvd., Norfolk, VA 23505

*A quorum is required to vote on 2017-2018 KD Board & CHS Representatives
Please send at least one representative from your circle.*

New this year:

Help The King's Daughters select the funding priority for CHKD

**TAKE A LOOK INSIDE FOR FUNDRAISING AREAS OF FOCUS
& PROPOSED 2017-2018 KD BOARD & CHS SLATE**

<https://www.kingsdaughters.org/upcoming-events/>



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FY 2017-2018 Slate Nominations

The King’s Daughters Officers (One year term)

- Elly Bradshaw Smith - President
- Chandy Jones - Vice President, Communications
- Stacey Vellines - Vice President, Development
- Katherine Knaus - Vice President, Membership
- Julie Childress Beck - Treasurer
- Whitney Metzger Weireter - Secretary

The King’s Daughters Board of Directors – (One year term)

Mary Louise Barhydt	Lakewood Circle	5 th Year
Cathy Britt	Downtown Circle	3 rd Year
Betsy Cooper	Circle on the Pointe	3 rd Year
Angie Francis Floyd	Circle In The Bridge	4 th Year
Kristi Jones	West Ghent Circle	2 nd Year
Nicole Legum	Oceanfront Circle	1 st Year
Kristina Malleck	Magnolia Circle	2 nd Year
Kathy Protogyrou	Circle on The Pointe	5 th Year
Mary Beth Rickman	Dogwood Circle	7 th Year
Ashley Friend Vellines	Lafayette River Circle	4 th Year

CHKD Health System King’s Daughters Members (Three year term)

- Buffy Barefoot
- Kim Georges
- Chris Neikirk
- Katie Van Buren

A LETTER FROM THE PRESIDENT



Dear Fellow King's Daughters,

It is hard to believe that another King's Daughters year is coming to a close. And what a year this has been. I hope you can attend our June 6th KD Connect meeting and help celebrate the end of a fabulous year, elect the KD Board and Officers and help us decide our fundraising priority for the coming year(s). Please review the description of the four programs/initiatives included in The Circular. Presentations will also be made at the KD Connect meeting and then we will vote.

Just about 10 days ago, we held the RunWalk. The morning was just amazing and really brought home why we are all so devoted to CHKD. Over 1500 runners and 225 volunteers came out in the rain, wind and cold to Run for the Kids. I can't begin to describe the day except it was full of energy, comradery and a desire to help make a difference for children. From the teams leading the 8K with children in their handicapped running strollers giving fist pumps and yelling in excitement as the rain came down, to the buddy brigade dogs shaking off the wetness to lead our 2 mile and all the teams and children in their costumes and capes to the last child crossing the finish line by propelling herself the last 50 feet in her wheel chair. A huge thank you to everyone that made this event possible.

I am happy to report that we now have a full staff in The KD office. Briana Jackson is our new Administrative Assistant and Holly Ackiss is our new Volunteer/Event Coordinator. Many thanks to Lisa and Jen for holding down the "fort" over the last few months!

I recently read a quote that I feel could have been written about us as King's Daughters. "If you want to go fast, go alone. If you want to go far, go together". Many thanks to each of you for all you do for The King's Daughters and CHKD! I wish each of you a wonderful summer.

Fondly,

Elly Bradshaw Smith,
President, The King's Daughters



Heartfelt thanks to everyone that made it out for
the 12th annual RunWalk for the Kids

Presented by
MARATHON
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At this year's RunWalk, a new scenic 8K route through Historic Ghent was introduced, and a new 2 Mile Walk and all three races finished within the new Waterside District made for an exciting morning! Spirits were not dampened by the inclement weather. Every participant received the 2017 medal and an official RunWalk for the Kids t-shirt designed by Sydney, age 8. This health and wellness event was uplifting and fun for all whom attended, participated, volunteered, spectated or cheered.

For photos, race results and more visit
www.RunWalkfortheKids.org



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Your voice matters!

Help us decide how the funds raised by The King’s Daughters will be used by CHKD in the coming years. The June KD Connect will feature speakers on four of CHKD’s priority areas. Don’t miss this exciting meeting. Your vote will make a difference!



Behavioral Health

Today, one in five children and teens suffer from behavioral health conditions, and this number continues to grow. Care for these conditions can be fragmented and may include extensive wait times for services. Locally, children may wait several months to obtain specialty behavioral health care and an appointment with a qualified licensed provider. These obstacles contribute to the staggering 60% to 90% of pediatric patients nationally who have behavioral health conditions that slip through the cracks and don't receive any treatment.

As the leader in pediatric healthcare in our region, CHKD constantly strives to be on the forefront of behavioral health treatments and is committed to ensuring the full spectrum of care is accessible to all children in our community. The team has worked closely with local pediatricians and behavioral health practitioners throughout the region to collect and synthesize all the information on our community's behavioral health needs currently available, with the goal of developing common guidelines, tools and procedures for treatment.

Looking forward, CHKD's vision is to provide the integrated framework and exceptional healthcare professionals needed to meet the behavioral healthcare needs of our patients and their families. An investment in CHKD’s behavioral health program will help enhance the workforce capacity to deliver behavioral health services, expand early intervention through availability of information on early risk and protective factors, and increase the availability of reliable, evidence-based screening and assessment tools. If not us, who? If not now, when?



Neonatal Intensive Care

Families in Hampton Roads turn to CHKD for the highest-quality neonatal care. And as the community's leader in caring for our most vulnerable infants, CHKD must respond to the high incidence of preterm births, very low birthweights, and an infant mortality rate that is far too high.

CHKD’s new NICU will provide space and privacy for infants and their families, as well as all the essential equipment and environmental controls. It will bring care closer to the infants, including surgical procedures and dedicated spaces for parent consultation, education, and support. The benefits of these improvements are proven and significant, for both the infant's outcomes and the family's experience. And while CHKD remains the region's largest and most sophisticated critical care facility for newborns, so much has been learned about infection control, the damaging effects of noise and lighting, and the importance of involving parents in their baby's care since the current NICU was constructed 23 years ago. With the number of infants needing CHKD's unique blend of advanced medical technology, developmental care, and family support rising to 500 annually, the demand to upgrade and improve the NICU has never been greater.

The needs of critically ill infants are immense and our community is looking to CHKD to meet the challenge. An investment in neonatal health will ensure we provide the highest quality family-centered care, pioneer innovative therapies, and ensure our most vulnerable infants survive and thrive. There is nowhere that our interventions, or the community's support, can have a greater impact.

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Surgical Services

Pediatric surgery today is a vastly different experience than it was just decades ago and continues to evolve rapidly. And because evidence has shown that children do better when their surgical team specializes in caring for kids, there is now an important range of specialists who have both technical training in pediatric surgery and in the sensibilities needed to understand these patients and their families. From those who provide the care to the equipment and spaces used, the diagnostic, operative, and postoperative surgical care of patients from prenatal diagnosis through adolescence has changed and advanced greatly. Our signature surgical programs are vast and include the Nuss Procedure, cardiac, Spine and Craniofacial services.

Pectus excavatum is one of the world's most common chest deformities and is often called “sunken chest syndrome” because of its defining feature: a depression or indentation in the middle of the chest. The condition is a common congenital deformity in teenage boys and accounts for approximately 90 percent of congenital wall deformities. To improve treatment of this condition, CHKD must continue to explore less invasive techniques, research outcomes, and discover ways to minimize surgical intervention, and lessen post-operative pain and discomfort.

In the late 1980s Dr. Donald Nuss, a CHKD pediatric surgeon, developed a minimally invasive technique for pectus excavatum that involved placing a concave bar into the chest then flipping it over so that it pushes the depression of the chest upward. The Nuss Procedure has become the surgical gold standard and since developing this procedure, we have performed more than 1,800 surgeries to correct the condition, far more than any other center. We remain a major training site for surgeons and a center for research on chest wall deformities.

We can transform pediatric surgery through innovative research and procedures that are more precise, less invasive, and deliver better outcomes. And we believe we will bring a new level of comfort to our patients and their families during their surgical experience at CHKD by easing the patient flow, creating more privacy, and offering the best treatment options from the region's top pediatric surgeons and staff. An investment in surgical services will allow CHKD to recruit and retain the best talent as we continue to provide children the best surgical care.



Cancer Care

Each year, about 10,000 children in the U.S. are diagnosed with cancer. And although pediatric cancer is rare, it claims the lives of more children than any other disease. CHKD has a responsibility to each child with cancer to ensure that high quality and personalized cancer care is available and accessible.

The Children's Cancer and Blood Disorders Center at CHKD specializes in the diagnosis, treatment, and management of children's and adolescents' cancer care. Pediatric oncologists, hematologists, surgeons, radiation therapists, pathologists, and others work together to develop targeted and effective treatment plans, while professionals in psychology, social work, physical therapy, occupational therapy, recreational therapy, music therapy, and school reintegration provide support to patients and their families. CHKD is committed to taking research discoveries from the lab to the patient's bedside in order to identify new approaches for the prevention, diagnosis, and treatment of pediatric cancer in Hampton Roads and beyond.

Help us defy the odds, rejuvenate lives, and provide comprehensive diagnostic and treatment resources for children with cancer and blood disorders. An investment in this program will support the collaboration of skilled experts working closely together to give the children of our community all the treatment options available.

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The King’s Daughters Welcome 2 New Staff Members ...



The King's Daughters welcomes...
Briana Jackson,
as Administrative Assistant.

Briana Jackson is a South Boston, VA native and recent Old Dominion University Graduate. While studying Health Sciences concentrating in Health Services Administration and minoring in Management she was a Resident Assistant and worked under the Vice President of the University as an Office Assistant. During her senior semester, she interned with the American Red Cross as the Donor Recruitment Intern. She is now residing in Norfolk, VA and spent her first 4 months post grad an Executive Assistant for Percentric, a Health Benefit Consulting Firm.

One of Briana's favorite quotes is: "I do it for the joy it brings because the world owes us nothing; we owe each other the world." This quote by Ani Difranco sums up her passion for helping and serving others every day.

Briana is very enthusiastic to be making Norfolk her home and working for The King’s Daughters!



The King's Daughters welcomes ...
Holly Ackiss,
as Volunteer/Event Coordinator.

Holly is native to Virginia Beach with a long family history rooted in Hampton Roads. Holly’s background in the arts, education, and finance; she finds her greatest strength and joy is making connections. The humanities is the umbrella for her multiple interests. She is a graduate of Old Dominion University with a Bachelor’s Degree in Business Administration and a wealth of community involvement:

- Equi-Kids volunteer
- Judeo Christian Outreach Center volunteer
- MOCA’s Art Beyond Boundaries founder and volunteer: partners include Virginia Association for Parents of Children with Visual Impairments VAAPVi, Lions Club of District 24, and Virginia Beach Public Library: Bayside Special Service Library.
- MOCA Volunteer Gallery Teacher & Boardwalk Art Show Volunteer

Holly joins us from Dominion Capital Partners. She believes, a wealthy life is one spent connecting with others and building healthy communities.



YEAR END WRAP UP

- Project Completion Forms (P2s) & Project Checks for 16-17 Projects
- Canister Reporting Forms for Fiscal Year
- Volunteer Hours & Linen/Gift Reports
- Circle Officer Listing
- Member Rosters Up-to-Date

Questions? Call the office at 757-668-7098



Do you shop at Kroger?

If so, register your Plus card for the Community Rewards Program and support The King’s Daughters. By enrolling your Kroger Plus card, you will be contributing funds to KD every time you shop with your card. To get started, visit Kroger Community Rewards.com or your neighborhood Kroger store.

To register online:

- = Click on 'Sign In' if you have an account, or 'Create an Account' if you do not
- = You will be asked for basic information such as address and email to create the account.
- = When asked for organization, you can search by name or enter **90697**
- = Simply swipe your registered Kroger Plus card or use the phone number that is related to your registered Kroger Plus card when shopping for each purchase to count.

This opportunity is not limited to our membership; anyone can select The King's Daughters as their Kroger Community Rewards Partner, so please share!

*Your selected organization must be renewed once a year, during the month of August. Simply follow the instructions detailed in the "Selecting an Organization" section to maintain or update your chosen organization.

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THE KING’S DAUGHTERS CIRCLE PROJECTS



Let's Par-Tee On for the Kids
Tuesday, June 20, 2017 at 6:30 PM to 9:30 PM
Esprit de Coeur Circle
TowneBank Member Services Center
Suffolk, VA



Tee One Up for CHKD
Wednesday, June 21, 2017 at 11:00 AM to 7:00 PM
Esprit de Coeur Circle
Riverfront Golf Course
Suffolk, VA



2017 Magnolia Circle Dragon Boat Race & Festival
Saturday, September 16, 2017 at 8:00 AM to 3:00 PM
Magnolia Circle
Nauticus
Norfolk, VA



Cards for a Cause
Purchase beautiful handcrafted greeting cards from the **East Beach Circle**.

Norfolk Florist

Norfolk Florist Card Program
Help **Caritas Circle** support CHKD and get FREE flowers for a year!



Photography Gift Cards from R. Gregory
Help **Cypress Point Circle** raise funds for CHKD; while creating an 8" x 10" portrait memory your family will cherish forever!



Eat Wings, Raise Funds
Eat Wings & Raise Funds with the **Esprit de Coeur Circle** October 31, 2016-June 30, 2017!

JOIN THE UNION OF HANDS CIRCLE
BIRTHDAY CLUB!

Union of Hands Circle ask your party guests to make a donation to CHKD instead of bringing a gift.



Heart Shaped Baby Feet Greeting Cards
Online & phone orders accepted. 757-472-2406.



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