

2017 Magnolia Circle Dragon Boat Race

Team & Paddler Information



Saturday, September 16, 2017 at Nauticus
www.kingsdaughters.org/magnoliacircle
chkdmagnoliacircle@gmail.com

Team Information

A dragon boat seats 20 paddlers in 10 rows with a steersperson (provided by the organizers) standing in the stern to guide the boat, and a drummer in the bow to motivate the team and keep the paddlers in sync. These 22 people all work in unison to propel the boat. A lightweight person is recommended as a drummer, since the drummer sits on the bow of the boat. Each team will participate in 3 races with each race equaling a distance of 300 meters in a straight line sprint.

Team Captains must register their team, coordinate practice(s) and attend the Team Captain Meeting the morning of the event. The team captain is also responsible for all communications with your teammates. Please see the registration instructions at <https://www.kingsdaughters.org/upcoming-events/2017/09/2017-magnolia-circle-dragon-boat-race/>.

The event and practices are rain or shine. Only extremely windy conditions or lightning will affect the festival.

Practice Sessions: Wednesday, September 13th - Friday, September 15th from 4-7 Pm

Please sign up for your desired practice time early by logging onto <https://www.panamdragonboat.com/book-magnolia-circle-norfolk-va/>. Practice sessions are available on a first come, first serve basis. Additional practice sessions may be added depending on the number of registered teams.

- Practice will be held at Nauticus (on the water behind the museum) in downtown Norfolk
- Practice includes the basics of paddling, techniques for staying in-sync, racing lingo & fun!
- Teams are encouraged to have all team members at practice, including your drummer
- Please arrive to practice 15 minutes early
- View a video demonstration for proper Dragon Boat padding at <https://www.youtube.com/watch?v=j7IRbj3K8c4>



To Benefit
**Children's Hospital
of The King's Daughters**

Race Day Schedule: Saturday, September 16th from 8:00 a.m. until 3:00 p.m.

This schedule is tentative and may change depending on the number of registered teams. Please check back closer to race day for a revised timeline.

7:30 am	Teams arrive and assemble in Athlete Village
8:30 am	Team Captains' Meeting
8:45 am	National Anthem & Opening Ceremonies
9:00 am	Racing Begins: First Round Qualifying Heats – 300m
10:45 am	Semi Final Round Racing Begins
1:00 pm	Championship Round Racing Begins
2:30 pm	Championship Final!
3:00 pm	Awards & Medal Presentations; Closing Ceremony

Parking

Please use the city parking garages listed below. A special event parking fee of \$5 cash will be charged upon entry. Please only use the Nauticus loop for quick drop offs or pick ups. For more information on parking, including fees, click here: <http://norfolk.gov/parking/>

- Town Point Garage: 110 West Main Street
- Boush Street Garage: 112 W. City Hall Avenue
- West Plume Street Garage: 135 West Plume Street

Athletes' Village

The Athletes' Village is behind the Nauticus under the awning. Teams can enter through the gates on either side of the Nauticus building. Each team will have a designated area. Feel free to bring chairs, tables, and tents. Tents must be tied down and weighted (stakes cannot be used to secure tents).

Food & Drinks

Be sure to check back closer to race day for a full list of on-site vendors & preferred delivery vendors. Please remember this is city property as well as a fundraising event. Breakfast, lunch and drinks will be available for sale. Free water will be provided to paddlers. **Please support our vendors and remember no outside alcohol is permitted on city property!**

Teams are responsible for picking up their waste within their team sites throughout the day and after the event. Let's all work together to keep Nauticus campus clean!



Team Spirit & Awards

Awards will be given to 1st, 2nd, and 3rd places. There will also be recognition for “most spirited” team and the “Dragon’s Breath” award goes to last place.

Steersman Raffle

Raffle tickets will be available for sale on race day to vote for your favorite steersman. The winning team will have their choice of steersman during the final race.

Questions?

Send an email to chkd@magnoliacircle.com and a Magnolia Circle member will be in touch!

Take lots of pictures and tag them! #magnoliacircle #chkdmagnoliacircle #magnoliadragonboat
#magnoliacircledragonboat

