



THE CIRCULAR

OCTOBER/NOVEMBER/DECEMBER 2016

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Over 250 King's Daughters gathered at the Norfolk Yacht & Country Club to celebrate another great year of raising funds, friends & awareness for CHKD on October 4, 2016!

Find out how to get your copy of the annual report & more inside...



IN THE NEWS...



No more processing fees when making credit card purchases on the KD website!



The King's Daughters selected as the 2016 L.D. Britt, MD Community Service Award!



Order your blue KD nametags online now! Orders end October 30, 2016. Contact the office with any questions.

Want to know more? Visit the *In the News* section on the KD homepage at www.kingsdaughters.org

PRESIDENT'S CORNER

Dear King's Daughters,

As you know, we held our Annual Recognition Celebration on October 4th. I am sorry that all of you could not attend as it was a terrific evening. Mary Beth Rickman, KD Connect Chair and Katherine Knaus, VP for Membership put together a great event from the food, to the centerpieces, to the program. A highlight of the evening was the presentation of our 2016 gift of \$575,000 to President and CEO, Jim Dahling. The surprise of the evening was a Fashion Show featuring KD members and special friends as models. The theme was "What to Wear With KD Flair" and in recognition of thirty years of raising funds for CHKD all the clothes were from the Thrift Stores. Who knew that you could find Brooks Brothers, Kate Spade, Black and White and many more designer names in one of the thrift stores? Next time you are looking for something special – check out our Thrift Stores.

We were delighted to present the 2016 KD Award of Excellence to Paul Sharp, CEO of the CHKD Thrift Stores for his years of dedication to The King's Daughters as a sponsor, friend and supporter. His willingness to help with anything and everything we have asked from transporting trees for the Holly Festival, to moving and delivering items for many Circle events, to providing storage and at times manpower. It was wonderful to recognize Paul, especially with his sister and 100 year old Dad in the audience.

If you would like to receive a copy of the Annual Report and see all of your accomplishments of the past year, please check out the website or call the KD Office. We sincerely applaud all of our members for your contributions to The King's Daughters and CHKD.

In September, I was asked to speak to the CHKD Medical Staff about why the phrase " of The King's Daughters" was in the hospital name. It provided me with opportunity to do a bit of research about our history with help from our History Committee of two: Eleanor Bradshaw and Edna St John. They recently found the Annual Report from 1897 which is fascinating. I never knew that we cared for men, women and children from 1896 until the first hospital was opened in 1961. Nor did I know that we had a maternity ward staffed by residents from the University of Virginia starting in 1935 until the shift to only pediatrics with the new hospital. Also, historical rumor has it that the first bicycle for the nurse was purchased with gambling winnings that a member took from her husband stating, "I don't approve of you gambling, but since you won I will put the money to good use."

I have been delighted to attend a number of Circle meetings and have enjoyed listening to and learning from you. The amount of dedication and passion held by each of you is amazing and energizing. While I am inspired when reading about efforts of the women before us, I am truly inspired and motivated by today's members. While raising funds for CHKD is an important part of what we do; The King's Daughters is so much more – it is an organization where lifelong friendships are formed, it is an organization that helps mentor community advocates, it is an organization that helps us grow, learn, and give back while having fun.

I hope each of you enjoy your Fall and the Holidays. Each of you are a blessing to the children in our community.

Fondly,



Elly Bradshaw Smith, President of The King's Daughters, 2016

MEET THE REST OF THE BOARD...



Mary Lou Barhydt
Lakewood Circle

Joined The King's Daughters in 2007 ∞ Joined the KD Board in 2013 and currently serves on the Membership Committee, Signature Project Committee and the Governance Committee ∞ Enjoys boating, reading, attending the Virginia Symphony Orchestra and spending time with her family.



Cathy Britt
Downtown Circle

Joined The King's Daughters in 2004 ∞ Joined the KD Board in 2015 and currently serves on the Membership and Nominating Committees and is the Jr. Circle Chair ∞ Enjoys tennis, hiking, reading and giving back to the hospital.



Betsy Cooper
Circle on the Pointe

Joined The King's Daughters in 1998 ∞ Joined the Board in 2015 and currently serves on the Development and Signature Project Committees and is the Breakfast with Santa Board Liaison ∞ Enjoys spending time with her family, traveling and a great book.



Angie Francis Floyd
Circle in the Bridge

Joined The King's Daughters in 2005 ∞ Joined the Board in 2014 and currently serves on the Membership Committee, is Tours Chair and Board Liaison for the RunWalk Committee, ∞ Enjoys running, cooking, reading and spending time with her family.



Kathy Protogyrou
Circle on the Pointe

Joined The King's Daughters in 2001 ∞ Joined the board in 2013 and serves on the Communications and Signature Project Committee and Legislative Committee Chair ∞ Enjoys reading, traveling and walking.



Mary Beth Sims Rickman
Union of Hands Circle

Joined The King's Daughters in 2005 ∞ Joined the Board in 2011 and currently serves on the Membership and Development Committees and is the KD Connect Chair and Board Liaison for Moonlight and Mistletoe ∞ Enjoys entertaining, interior decorating, water sports, choral performances and spending time with family and friends.



Ashley Vellines
Lafayette River Circle

Joined The King's Daughters in 2009 ∞ Joined the Board in 2014 and serves on the Communications and Governance Committee and is the Board Liaison for Moonlight and Mistletoe ∞ Enjoys spending time at the beach, boating, cooking and with her family.

WELCOME NEW CIRCLES!



Esprit de Coeur Circle

Meaning "Spirit of the Heart", the Esprit de Coeur Circle was the 50th Circle to join The King's Daughter in August 2016. Members are primarily from Portsmouth and Suffolk. These ladies already have several events planned including an ice skating night & golf tournament.



Circle of One

Circle of One, with members from throughout Hampton Roads became our 51st Circle in September 2016. This group of high-energy and inspiring ladies have already toured the hospital and are passionate about helping the children in our community!

Please join us...



Busch Gardens
**CHRISTMAS
TOWN™**

Breakfast

Santa

Saturday, November 19, 2016

10:00 a.m. – 1:00 p.m.

Norfolk Waterside Marriott

\$25 per person

Hurry!
This event sells out!

A digital photo with Santa for each child!

Enjoy a delicious buffet breakfast • Amazing interactive Train displays
Children's activities • Holiday performances • Silent auction, including:
Trees • Gingerbread creations • Gifts & More!

It's a spectacular start to the season!

NEW THIS YEAR! Sleepover packages at the Marriott!

www.kingsdaughters.org/breakfastwithsanta

MOONLIGHT and Mistletoe

December 3, 2016

Dance Tickets

Valid only to King's Daughters Circle members
& one guest.

Tickets are \$50 each & include drinks, dessert &
dancing to the live band of Strictly Bizzness!

Purchase online today!



2016 Dr. Donald W. Lewis Award Winner

In 2013, The King's Daughters established an award to honor Dr. Donald Lewis, a beloved CHKD pediatric neurologist, educator, researcher and outspoken advocate for children's health, who unexpectedly passed away in 2012. The purpose of this award is to recognize someone who possesses that same sense of optimism and enthusiasm as Dr. Lewis; who inspires others and is willing to take whatever action necessary to better the lives of children.

This year's honoree is Dr. Ed Karotkin. Dr. Karotkin came to CHKD in 1978 as the second neonatologist and helped to build our incredible neonatology program. Through the years he has not only made a difference in many neonates' lives, but was the driving force behind the development of CHKD's Resource Mothers program, an initiative that minimizes expectant mothers' health risks and decreases infant mortality by ensuring young mothers receive the appropriate prenatal and pediatric care, along with the guidance of older, more experienced women, or resource mothers.

Among other honors, Karotkin has received a Volunteer of the Year Award (Greater Hampton Roads Division) from the March of Dimes, a humanitarian award from the National Council for Community and Justice and a Lifetime Achievement Award from the Department of Pediatrics at Eastern Virginia Medical School in Norfolk. He is one of Physicians for Peace's three 2010 Medical Diplomat award winners and in 2012 was recognized as an Inside Business Health Care Hero.



Dr. Ed Karotkin

ANNUAL RECOGNITION 2016

Thank you to over 250 King's Daughters who gathered at the Norfolk Yacht & Country Club on October 4, 2016 to celebrate another great year of raising funds, friends & awareness for CHKD.

For the past year, The King's Daughters have been raising funds to purchase a state-of-the-art transport unit for CHKD. Former KD President Beth Johnson presented a check to CHKD President & CEO Jim Dahling for \$575,000, a nice down payment for the new transport unit! In total our Circles organized 81 projects/events, donated 46,015 hand sewn linens/gifts and gave 48,701 volunteer hours throughout the year.

Guests were also treated to a fashion show preformed by KD members and friends. Much to the guests surprise all clothes were found at the CHKD Thrift Stores! You never know what you will find!

To culminate the evening, The King's Daughters honored Paul A. Sharp, CEO of SYR Management Inc./CHKD Thrift Stores who manage all 27 CHKD Thrift stores with the KD Award of Excellence for his continued kind unwavering help & support!

Missed the event & want a copy of the Annual Report? Download from our website under membership resources or contact us today!



THE KING'S DAUGHTERS CIRCLE EVENTS

**"Sea"son's Greetings - Photo's
with Santa on the Bay**
Circle by the Bay
November 13, 2016

Sunday Brew Day
Lynnhaven River Circle
November 13, 2016

Sunday Funday
The Regatta Circle
November 13, 2016

Bake Sale at Shop-Sip-Stock
Cypress Point Circle
November 18, 2016

Breakfast with Santa
November 19, 2016

Oyster & South Festival
Circle in the Bridge
November 19, 2016

Kid's Christmas Shop
Azaelea Unity Circle
Union of Hands circle
December 3, 2016

4th Annual
Moonlight & Mistletoe
Gala
December 3, 2016

Skate, Ride & Dine
Esprit de Coeur Circle
December 17, 2016

ONGOING PROJECTS



Quilts 4 Kids

Cypress Point Circle
Sponsor a "Quilt4Kids" and provide a comforting warm cover for patients of all ages at CHKD. Contact Evon Rice at evonrice@msn.com or Butch Burgess at jcbmh@aol.com to order today!



Heart Shaped Baby Feet Greeting Cards

NICU Friends Circle
\$8 per 10pack with envelopes.
6"x4" blank notecards.



Yankee Candle Holiday Sale
Lafayette River Circle
Purchase Yankee Candles for the Holiday Season using their code!
Sept. 1 - Nov. 1, 2016



CHKD Tumblers

Beacon Circle
CHKD logo tumblers, multiple sizes & waterbottles available. Contact Esther Vaughan at 757-639-6458 or lvn10s@msn.com



Birthday Club

Union of Hands Circle
Donations will help buy toys, games and medical equipment for critically ill children and fund educational programs at the Hospital.



Hand Painted Wine Glasses

Infinity Circle
Custom hand painted wine glasses by Andrea Jeffers! Cost per glass \$25.



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The King's Daughters for CHKD

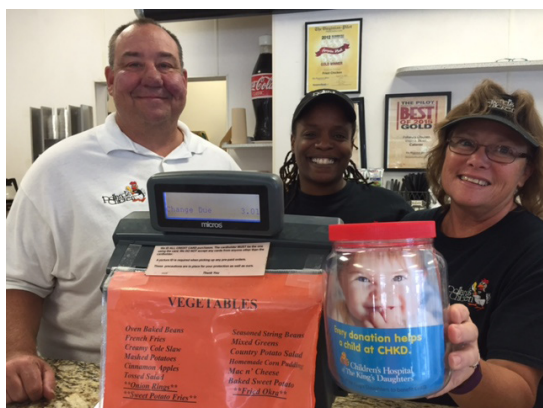


@KingsDaughterCHKD



@CHKDKD

SIGNATURE PROJECT CORNER



WELCOME POLLARD'S CHICKEN & CATERING!

Scott Jones, Manager of the Pollard's Chicken and Catering Restaurant in the London Bridge Shopping Center, Virginia Beach, was the first Pollard's to place a King's Daughters canister on their counter this past Spring. Along with Sheena Wilson and Roberta McCrory shown here, Mr. Jones and his friendly staff have embraced the canister program. They join six other Pollard's Chicken locations throughout Hampton Roads who participate in our Signature Project. The King's Daughters thank Pollard's and each of the restaurants for allowing us to be a part of their day-to-day business, as together we raise funds for CHKD. Since 1967, Pollard's Chicken has been a landmark in our community. Congratulations on your 50 Years in business!!

Now open in Newport News!

- The area's only urgent care just for infants, children and teens.
- Staffed by board-certified pediatricians, physician assistants, nurse practitioners and nurses who work exclusively with children.
- Treatment for minor injuries and illnesses including fevers, infections, orthopedic and sports injuries, and suturing for cuts that need stitches.
- Lab and X-ray services.
- Coordination of care with your child's primary care physician.
- E-prescriptions to local pharmacies.
- No appointment needed. Reduced wait times with convenient online **Save Your Spot** pre-registration.

CHKD Urgent Care at Tech Center

680 Oyster Point Road • (757) 668-4851

**Open Monday through Friday
4 to 11 P.M.**

Weekend hours starting in early 2017



Urgent Care

Visit CHKD.ORG/UrgentCare