# THE CIRCULar

The official newsletter for The King's Daughters, founding organization of CHKD

You are invited to join us for

# KD CONNECT

A chance for Circles to meet each other and The King's Daughters' Board of Directors ~ Learn updates & happenings at CHKD

Tuesday, April 14, 2015 at 6:00pm CHKD's 6th floor conference room

#### **FEATURING**

Presentation of proposed 2015-2016 fiscal year Board of Directors & Officers' Slate

Guest Speaker, Dennis Ryan, CHKD Senior VP of Finance/CFO

Membership Tips & Year End Wrap Up

Circle Check Presentations & Announcements

History Corner "Lost & Found"

#### **RSVP by Friday April 10**

Call (757)668-7098 or email <u>info@kingsdaughters.org</u> light refreshments will be served

Each Circle, please send <u>at least 1</u> representative All King's Daughters are welcome to attend! (Bring your parking ticket to the meeting to receive validation)

## THE TEDDY BEAT Brigade

East Beach Circle of The King's Daughters

In 2008 I had the pleasure of not only moving into East Beach but also becoming a member of the newly formed East Beach Circle of The King's Daughters. Our goals were, and continue to be, supporting the Children's Hospital through fund raising, volunteer work and making teddy bears for the young surgery patients at the hospital.



(Turn over for more −>)



March/April 2015

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May/June Circular Article Deadline: April 1

Project I
Application
Deadlines:
March 15
April 15

# THE TEDDY BEAR BRIGADE, CONTINUED

Although we are proud of the numbers we have accomplished in our "Bear Brigade" over the years, we have been buoyed on by the stories of the impact one little handmade teddy bear can have on not just the patient but also their loved ones.

At the end of each month we pack up our bears in three or four large, clear plastic bags, load them

in the car and head for CHKD. One particular trip downtown I stopped by MacArthur Mall before making the final trek to The King's Daughters office at the hospital. When I stopped to pay at the parking garage ticket kiosk the young woman behind the glass took my ticket, spied the bags of bears in the backseat and asked "Where'd you get all those bears?". I explained our circle's endeavors, told her they were all handmade and on their way to the hospital. She was quiet for a moment before telling me her son has 16 of those bears! Nothing more had to be said – we had an instant connection. "Tell the ladies thank-you from me and God bless all of you. Each one of those bears has meant so much". I have a hard time repeating this story without seeing that young woman's expression – a grateful smile on her face but her eyes carried the weight



of a mother whose son has collected that many teddy bears from the Children's Hospital.

We continue our mission this year with lofty goals for the Linens Committee Bear Brigade knowing in our hearts the impact our small contribution can have on so many. As the young patient is comforted with a teddy bear to hug, we know the loved ones of that patient feel the hug of a community that cares; a community that says through a small handmade teddy bear – "We are here for you and your family".

Big Bear Hugs All Around, Judy Coleman, East Beach Circle of The King's Daughters Linens Committee, Co-Chair

"No man stands as tall as when he stoops to help a child."

-Abraham Lincoln

#### Credits:

Article courtesy of "East Beach Peninsula Life, a local N2 Publication" Photos courtesy of East Beach Photography







## THE President's corner

### Dear King's Daughters,

As we start the New Year, it is important to reflect on our achievements related to last quarter's Major Projects. The Moonlight & Mistletoe Gala was not only fun but was also successful in raising \$125,000 in funds for the hospital. Specifically, we raised \$25,000 with the "Fund an Item" which will directly benefit the CHKD Child Abuse Program. Breakfast with Santa, a magical event for the kids, made \$23,000 - a new record since becoming a solo event. We look forward to building upon that accomplishment next year. The Major Project committees for 2015 have begun meeting and are actively seeking new committee members and sponsors while working to make these events special for all attendees. If you would like to be on a committee, please contact the office.

The Tour de Cuisine committee is currently in high gear organizing every last detail. There will be incredible houses to view and fantastic food to sample in East Beach on May 17, 2015. The RunWalk for the Kids will follow the Tour de Cuisine on June 13, 2015. As always, we would like to see strong participation from our membership so please encourage your Circle to create a "Circle" team. Awards will be given! Registration is now open!

A big thank you to Anne Kesner, who shared her experiences as part of the Chaplaincy Services group at CHKD at the January KD Connect meeting. She shared a very emotional video with us that highlighted one family's experience with the ups and downs of having a premature baby and all the care and compassion received by CHKD from Day 1 in the NICU to "graduation" – when the child was sent home. A great reminder to us all about why we give our time to The King's Daughters.

We are also excited to announce our newly formed History Committee that is being chaired by Past President, Eleanor Bradshaw. We feel it is of utmost importance to preserve our unique history and this group will work towards cataloging and displaying historical artifacts. The committee will also look for ways to build upon our existing written and recorded documentation of the role of The King's Daughters over the last 100 plus years. There are certainly a lot of stories to tell of the hard work and devotion of our membership to the well-being of the children in our community and the many ways we have and continue to be a driving force at CHKD. If you come across any hidden treasures in your closets and/or attics that would help chronicle the history of The King's Daughters, please contact the KD office. Sincerely,



Beth Gohnson

Beth Johnson, President of The King's Daughters

## TOURS OF CHKD

To simplify the process of scheduling a tour of CHKD for your Circle, we encourage you to join us during one of the below **pre-scheduled dates and times to tour** your hospital. **You may RSVP as a Circle or individually**. Must RSVP at least 1 week in advance of tour date by contacting the KD office. (Other dates may be requested if necessary.)



**Interested in becoming a Tour Guide?** 

Email: info@KingsDaughters.org

March Wednesday 18th 6:30pm

April Tuesday 7th 6:30pm

Wednesday 15th 9:30pm Thursday 23rd 12:30pm

May Tuesday 5th 9:30am

Wednesday 13th 12:30pm

# CITCLE PROJECTS

Details Online! - www.KingsDaughters.org/Events

## **ONGOING:**

**Union of Hands BIRTHDAY CLUB -** You are never too old or too young to give and receive "the gift of giving". To participate, the Birthday Person asks their party guests to consider making a donation to CHKD instead of bringing a present! Simple as that!

**Jody's Popcorn Partnership -** order online at www.jodyspopcorn.com, enter the code "**driftwood**" in the Discount Code box at checkout and 20% of purchase benefits CHKD! Perfect for birthday gifts, holiday gifts, party favors, or just need some great popcorn!

**Cartridge Recycling – North Suffolk Circle**. Call 668-7098 or donate at any CHKD Thrift Store.

**Ongoing \* Hand Painted Glasses for Sale -** Custom hand painted wine glasses. Cost per glass \$25. You select your design, wording and color scheme or choose a CHKD design! Call 593.7459 or email shelly@sfwoodlaw.com. A Project of **Circle in the Bridge**.

## **COMING UP!**

**Evening at Supper \*** Monday, March 9 \* **Azalea Unity Circle** \* Supper Southern Morsels

March Mah Jongg Madness \* Thursday, March 19 \* Horizon Circle \* Church of the Good Shepherd

March Madness at Azalea Inn/Time Out Sports Bar \* Thursday, March 26 \* Magnolia Circle \* Azalea Inn & Time Out Sports Bar

Whitney Lynne Hulce Golf Tournament \* Saturday, April 18 \* Circle in the Bridge \* Sleepy Hole Golf Course

**Shred It Up!** \* Saturday, April 25 \* **Circle of Hope** \* WHRO- Parking Lot

**Derby de Mayo \*** Saturday, May 2 \* **Circle in the Bridge** \* Khedive Shrine Temple

May Tyme with The King's Daughters \* Friday, May 15 \* Cypress Point Circle \* Westminster Canterbury on the Chesapeake Bay

Garage Sale + Bake Sale \* Saturday, May 16 \* Circle of Rainbows \* 1221 Glen Lochen Drive, VB \*

"Tee It Up" Golf Tournament \* Wednesday, June 24 \* Elizabeth River Circle \* Riverfront Golf Course

























# CITCLE SUCCESSES

## Donations received July 1, 2014-January 29, 2015

CIRCLE Atlantic Circle Azalea Unity Circle Beacon Circle Caritas Circle	PROJECT Macy's Shop for a Cause Fall Pansy Sale \$5 Masquerade Jewelry Sale Bravo's Restaurant Neighborhood Yard Sale Circle Silent Auction	\$ DONATED 175 550 1,848 152.20 1,702.25 183
Circle by the Bay	2nd Annual Oyster Roast Mermaids for CHKD	5,400 50
Circle in the Bridge	Bracelets Buffalo Wild Wings Family Night Dining for Dollars-3Amigos Oct Wine Fest Chalet Raffle Cookie Lee Jewelry Sales Ava Anderson Non-Toxic Product Sales Suffolk Shrimp Festival	260 180 900 1,200 15.60 5 130 511.35
Circle of Love	J. Crew Shopping Night	1,188.10
Circle of Rainbows	Gift Wrapping at Barnes & Nobles Circle Donation	285 390
Cypress Point Circle Dogwood Circle Downtown Circle Driftwood Circle	Flower Power Card Sales Donation 15th Annual Oyster Roast It's Five O'Clock Somewhere Donation	1,555 50 13,000 16,500 50
East Beach Circle Elizabeth River Circle Holly Circle Holly/Atlantic Circle Lafayette River Circle Maltese Cross Circle	Neighborhood Yard Sale "Tee It Up" Golf Tournament Vending Machines Divas on the Green Rockin' on the River Circle Donation	1,702.25 15,000 338 2,000 7,500 2,953
North Suffolk Circle	Cartridges - on going	71.65
Seashell Circle Serenity Jr. Circle The Regatta Circle West Ghent Circle	Baja Surf Classic CHKD Night @ Ynot Pitch for the Kids-Tides Game Donation	3,500 250 292 100

# tour de cuisine

East Beach, Norfolk

May 17, 2015

Tour de Cuisine | 1:00-4:00pm

















## KD award of excellence nominations

The KD Award of Excellence is an annual award presented to a person a group of people who have contributed in an exemplary way to The King's Daughters. The recipient may not be a member of a King's Daughters' Circle. Donating funds to The King's Daughters is neither a requirement nor automatic eligibility for this award. The recipient must have/had made a direct impact and/or worked closely with The King's Daughters toward an end result to benefit CHKD or achieving a King's Daughters' goal.

### Past recipients of this award are:

- 2014 Eric Stevens & Karl Dornemann, Prime Eats
- 2013 William A. Gillis, CHKD Engineering Manager
- 2013 Mark Lucas, CHKD Audiovisual Supervisor
- 2012 Sherry Connell, McDonald Garden Centers
- 2012 David Smith, Volunteer
- 2011 Sandra Jackson and Whitney Quartucci
- 2010 Charlie Brenner, Norfolk Southern Corporation
- 2009 Taylor Franklin, S.L. Nusbaum
- 2008 Jean Burke, Letton Gooch Printers
- 2007 Rob Levinsky, Director of Engineering CHKD













June 13, 2015 8K Run, 2 Mile Walk, 41 Mile Fun Run for Kids

Volunteers & Sponsors needed!

Enjoy healthy life centered family fun, kids activities, live music and 10<sup>th</sup> Anniversary Party

Join or create a Circle Team (awards will be given race day for the Circle with the most participants and the Circle with most funds raised).

New commemorative finishers medals ~ 10<sup>th</sup> anniversary t-shirts for sale

WWW.RunWalkfortheKids.org

# CHKD THIFT STORE DONATION BAG Drive

May 8, 9 & 11

ATTN: Circles! Save these dates for our annual donation drive. (No pick-ups on Sunday, May 10)

See your Circle Leader or Thrift Store Drive Representative for details!

# CITCLE LIBISONS

Did you know that a KD Board Member is assigned to your Circle? She is available to support your Circle's efforts, to attend one of your Circle's meetings as a speaker or guest, and to update you on The King's Daughters. The liaisons are listed in your Leader's manual or call the KD office to learn more.

# THE KING'S DAUGHTERS MILK BANK

The King's Daughters Milk Bank at CHKD is Named

Human Milk Banking Association of N. America (HMBANA)

### 18th Milk Bank in North America

It's been a busy year for Children's Hospital of The King's Daughters (CHKD), the only freestanding children's hospital in Virginia. When The King's Daughters, a philanthropic organization that founded CHKD, heard about the hospital's new donor human milk treatment program in the 70-bed level IV neonatal intensive care unit, it brought back memories of the roots of their organization.



The King's Daughters is a charitable organization founded in 1896 to promote superior pediatric wellness for every child in southeastern Virginia. One of the early endeavors of this organization was the Milk and Ice Fund, which operated in the early 1900s collecting pennies to provide milk and ice to local families in need. Upon learning of the hospital's donor human milk treatment program, they knew immediately they wanted to help. "We felt that donating the seed money to establish a milk bank at CHKD would be like bringing our organization's mission full circle," says Lisa Coleman, Executive Director of The King's Daughters.

In June of 2014, after only 14 months of planning and preparation, The King's Daughters Milk Bank at CHKD opened its doors. "We would not have made this transition from concept to reality in such a short period of time without the support of multiple disciplines throughout our hospital, our community and HMBANA," says Michelle Brenner, MD, medical director of The King's Daughters Milk Bank.

The response from the community has exceeded all expectations. "We are so excited to see such a wonderful response. And, we are especially thankful for the support of the military community," says Ashlynn Baker, RN, manager of the milk bank. "It is a privileged occasion when we have the opportunity to accept a milk donation from one of our nation's sailors or soldiers, dressed in uniform and combat boots."

During the first eight months of operation, The King's Daughters Milk Bank has initiated the screening process for more than 300 potential donors and has accepted over 95,000 ounces of breast milk. Baker is optimistic for the milk bank's continuing success, "We are eager to see what the future holds for our milk bank and honored to be able to provide this invaluable treatment to medically fragile infants in the Hampton Roads community and beyond."

Ashlynn Baker, BSN, RN, IBCLC Manager - The King's Daughters Milk Bank







For more information about The King's Daughters Milk Bank at CHKD, please visit us online at CHKD.org/milk.

# CHKD CHILD abuse Program

### **Facts and Figures**

- Established in 1998, the Children's Hospital of The King's Daughters Child Abuse Program (CAP) collaborates with professionals in medicine, mental health, forensic interviewing, child protective services, law enforcement, prosecution and victim advocacy to work as a team to coordinate investigations and interventions and treatment for each child abuse case.
- Has served over 14,000 victims of child abuse and neglect since 1998
- Program serves 20 localities in Virginia and 9 localities in North Carolina
- Of the children seen some suffer from more than one type of abuse, approximately 80% are victims of sexual abuse; 5% are victims of neglect, 21% have suffered physical abuse and 9% have been a witness to violence.
- Children are referred to the CHKD Child Abuse Program through Child Protective Services, the Police and other agencies.
- In 2013, 16 children died due to abuse in Hampton Roads. In the last 10 years, 150 children have died.
- An average of three new cases of abuse is discovered each day in our region.
- Total annual operating expenses for the program are \$2.6 million. Patient revenue covers less than 30% of these costs. This leaves \$1.8 million to be covered by CHKD and philanthropic support.
- CHKD's Child Abuse Program is a national pacesetter in the field of child abuse identification and treatment. It is one of the first in the nation to be accredited to train pediatricians to specialize in Child Abuse.



In 2013; the CHKD Child Abuse Program

- Performed 2,061 mental health visits
- Served 939 patients
- Provided 637 forensic interviews
- Performed 403 medical exams
- Received 279 subpoenas
- Provided 61 court testimonies

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# KD OFFICE HELP Wanted

### The KD office is always in need of your help!

Please email Sheila at Sheila. Mabaquiao@chkd.org or call the KD office at 668.7098 to schedule a time to come in and help.

### We need help with:

Data Entry Volunteer Hours, Canister Reports, Membership Updates, Mailing lists, etc.

Mailings Letters, Newsletter, Event invitations, etc.

Website General website content maintenance, calendar listing, etc.

Membership Updates, communications, etc.

On the job training provided! Hours count toward your KD Circle Volunteer Hours total.

KD KUDOS! To submit a KD Kudos! article about someone in your Circle, email a photo and Circular Request—KD Kudos! Article form to info@kingsdaughters.org

# **LOST & FOUND**

Do you have pieces of The King's Daughters' history in your attic? The History Committee is looking for artifacts, minutes, and manuals from days gone by, to help build our inventory of the organization's past. They can be delivered at the April KD Connect or delivered to the Medical Tower by appointment.

For more information, call 668-7098 or email info@KingsDaughters.org

H I S T O r



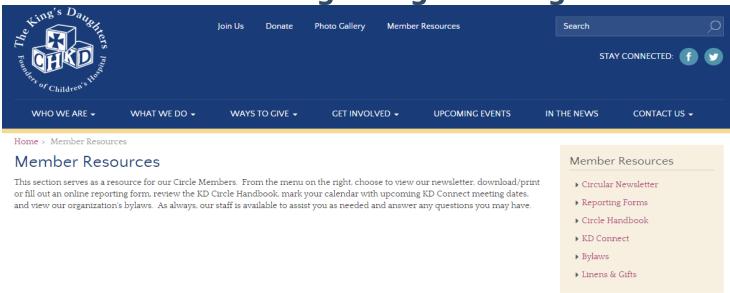






Founders of Children's Hospital of The King's Daughters

www.KingsDaughters.org



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or visit <a href="https://www.Facebook.com/KingsDaughters">www.Facebook.com/KingsDaughters</a>