

## A SOFT CUDDLY BEAR FOR SMALL PATIENTS

\_\_\_\_\_ cutting line

----- stitching line

Fabric should be smooth cotton or cotton/polyester blend, as pile fabrics can cause respiratory problems. Features on face to be drawn or embroidered.

Embroider face; stitch (leaving small opening); turn; stuff; close opening.

Please use polyester fiberfill stuffing.



**Children's Hospital  
of The King's Daughters**  
*NICU BABY BLANKET GUIDELINES*

CHKD Neonatal Intensive Care Unit (NICU) is calling on all the King's Daughters

We appreciate the caps, booties, and bears that the KD's contribute to the hospital but we are also in need of blankies!!!!

The NICU needs isolette blankets to cover the NCIU beds. Below are the requirements. If you have any questions, please contact the NCUKD office, 668-7098

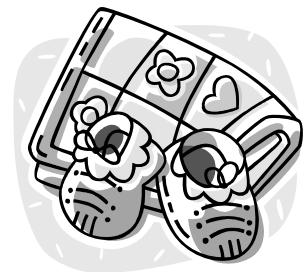
### **Requirements for Isolette Blankets:**

45"x38"

No fringes, tassels, or sewn on decorations

All edges must be sewn

Fabric should be a light weight fleece or quilt.



NEONATAL BOOTIES

Size 3 or 4 needles.

Cast on 34 sts. Next 12 rows work in garter st. (K. each row, make 8 ridges)

Instep shaping:

Row 1 k 15, k 2 tag twice, k 15 sts.  
Row 2 knit  
Row 3 k 14 sts, k 2 tag twice, k 14 sts.  
Row 4 knit  
Row 5 k 13 sts, k 2 tag twice, k 13 sts.  
Row 6 knit  
Row 7 k 12 sts, k 2 tag twice, k 12 sts.  
Row 8 knit  
Row 9 k 11 sts, k 2 tag twice, k 11 sts.  
Row 10 knit  
Row 11 k 10 sts, k 2 tag twice, k 10 sts.  
Row 12 knit  
Row 13 eyelet rows: k st, wrap yarn around needle twice, complete row.  
Row 14 p across pulling off extra loop-make long stitch.  
Next 8 rows: k 1, p 1.

Bind off on larger needles, sew seam. Cord: crochet about 18"- lace through long sts. Tie in front.

KNITTED PREMIE BOOTIES

Size 4 needles

Cast on 21 stitches.

K 1 row, p 1 row for 8 rows, ending with a p row.

P 1 row, k 1 row for 6 rows, ending with a k rows.

K 1 row, p 1 row for 4 rows, ending with a p row.

P 1 row, k 1 row, p 1 row.

K 7 sts and sl on a st holder for right side. Do not break yarn. Join another end of yarn and k the next 7 sts of instep. Slip the remaining sts to another st holder. K 1 row, p 1 row on middle 7 sts for 13 rows, ending with a p row.

Break yarn. Sl 7 sts of right side from holder on your free needle; pick up and k 7 sts along edge of instep; k 7 sts of instep; pick up and k 7 sts on other edge of instep; sl remaining 7 sts from holder on free needle and then k them. 35 sts.

K 1 row, p 1 row for 6 rows, ending with a p row.

P 1 row, k 1 row, p 1 row.

K 2 tag, k 13, k 2 tag, k 1, k 2 tag, k 13, k 2 tag.

P 1 row.

K 2 tag, k 11, k 2 tag, k 1, k 2 tag, k 11, k 2 tag.

P 1 row.

Knit to center front. Break yarn leaving 12" thread and weave bottom. Sew back seam.

KNITTED PREMIE HAT

Size 4 needles

Cast on 72 stitches.

K 1, p 1 each row for 2 inches.

K 1 row, p 1 row for 1 inch, ending with a p row.

P 1 row, k 1 row, p 2 rows.

K 1 row, p 1 row for 1 inch, ending with p row.

P 1 row, k 1 row, p 2 rows.

K 4, k 2 tag across row.

P 1 row.

K 3, k 2 tag across row.

P 1 row.

K 1, k 2 tag across row.

P 1 row.

Fasten off. Make pompom.

KNITTED STOCKING CAPS FOR PREEMIES

Gauge; 9 st in k 2, p 2 ribbing = 1  
8 rows = 1"

Use size 7 needles or whatever size you need to obtain gauge.  
2 oz. Of 3 ply yarn should make 3 or 4 caps.

Instructions are given for size 1; sizes 2, 3, and 4 are in parenthesis.

Cast on 60 st.

K 2, p 2 for 4" (4"), (4 1/2"), (4 1/2")

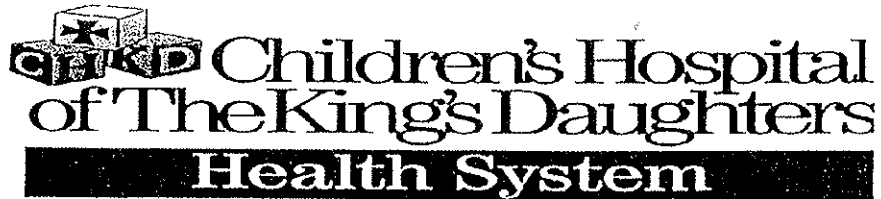
First decrease row: k 2 tag, p 2, repeat across row. (45 st)  
Next row: k 2, p 1 across. Keeping in pattern, k 1 (3), (1), (3) rows.

Second decrease row: k 2 tag, p 2, repeat across row. (30 st)  
Next row: k 2, p 1 across. Repeat 2 (4), (2), (4) times.

Third decrease row: k 2 tag a cross row. (15 st)

Fourth decrease row: p 2 tag across row. (8 st)

Break off end about 12" long. Run end through remaining stitches and draw closed. Sew up seam.  
Pompom may be added if desired.



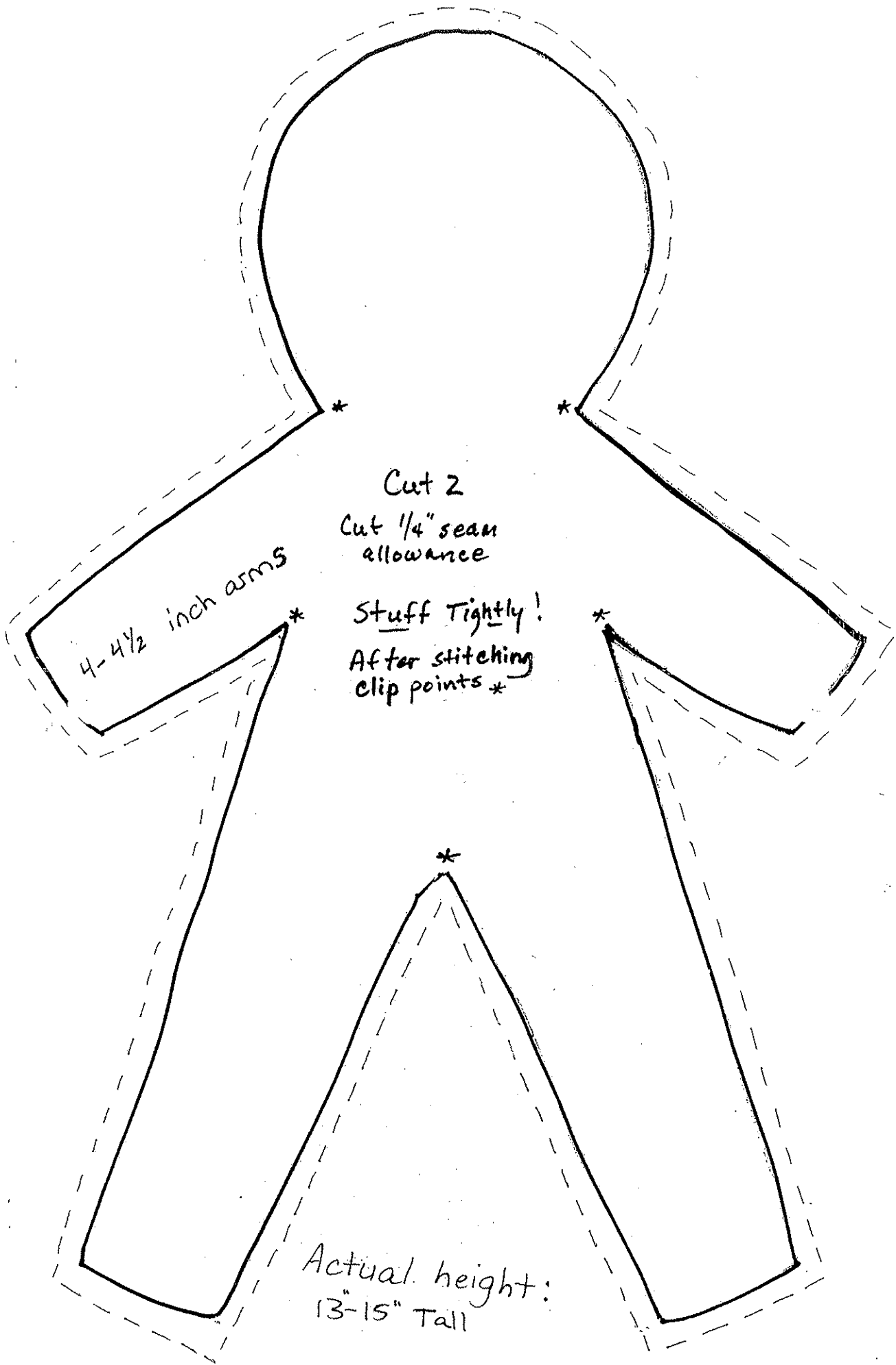
## Look Alike Doll Pattern

1. Cut out dolls (back and front) from doubled muslin, brown, various shades of tan, or cream colored cotton material.
2. Sew back and front together with small stitch gauge,  $\frac{1}{4}$  inch seam, leaving 4 inch opening on one leg.
3. Clip curves.
4. Turn to right side.
5. Stuff doll **tightly** with polyester fill. This is very important!
6. Close opening with small stitches.

Finished size needs to be: 4 – 4  $\frac{1}{2}$  inch arms  
13 – 15 inch length

Head shaped round.

- Child Life and Nursing in the process of helping a child understand the treatment he or she is undergoing uses these dolls.
- Thank you your part in making this possible.



4-4 1/2 inch arms

Cut 2  
Cut 1/4" seam allowance  
Stuff Tightly!  
After stitching clip points \*

Actual height:  
13-15" Tall