

# 2011 RunWalk for the Kids Registration Form

Register online at [www.runwalkforthekids.org](http://www.runwalkforthekids.org)

Please complete one registration form per person.

\*Registration is not valid unless signed.

Check all that may apply:

- I am a CHKD employee  
 I am the relative of a CHKD employee  
 I am a KD Circle member

Name (first, mi, last) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex:  Male  Female Age (on race day) \_\_\_\_\_ Birth Date (mm/dd/yyyy) \_\_\_\_\_

Phone (daytime) \_\_\_\_\_ (evening) \_\_\_\_\_ Email \_\_\_\_\_

**Circle T-shirt size** (T-shirts given with registration to first 4,000 registrants; sizes matched where possible)

**ADULT** S M L XL XXL      **CHILDREN'S** M L       I do NOT want to receive a T-shirt

**I AM A MEMBER OF A TEAM** (price per team member same as below)

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

All teams must pre-register (prior to June 7). A team consists of 5 or more people (for more information regarding teams, visit [www.runwalkforthekids.org](http://www.runwalkforthekids.org))

## CHOOSE EVENT

8K Run     2-mile Walk     1-mile Fun Run/wheelchair race     "Children's Marathon"

For pre-registration and packet pickup locations info, visit [www.runwalkforthekids.org](http://www.runwalkforthekids.org).

## FEE ON OR BEFORE MAY 22, 2011

\$30 per adult     \$15 per child (under 18)     Family of 4 or more: \$20 per adult; \$10 per child

## FEE AFTER MAY 22, 2011

\$40 per adult     \$20 per child (under 18)     Family of 4 or more: \$30 per adult; \$15 per child

\*Family consists of two adults and children under 18. **Each family member must complete a registration form.**

Please accept my additional donation of \$ \_\_\_\_\_.

I am unable to participate, but would like to donate \$ \_\_\_\_\_ to CHKD.

\*Participant signature: \_\_\_\_\_  
(age 18 and over)

Parent/guardian signature: \_\_\_\_\_  
(under age 18)

Printed name of signor: \_\_\_\_\_

**Make checks payable to:**  
The King's Daughters

**Mail to:**  
The King's Daughters  
RunWalk for the Kids  
601 Children's Lane, 2nd floor  
Norfolk, VA 23507

**Registration must be post-  
marked by June 11, 2011.**

**Online registration ends  
June 12, 2011.**

A project of  
The King's Daughters  
To benefit

 **Children's Hospital  
of The King's Daughters**

I understand that running a road race is a potentially dangerous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running/walking in this event, including but not limited to falls, contact with other participants, the effects of the weather including heat and humidity, traffic and the condition of the roads or trails, and all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Tidewater Striders, RRCA, the City of Norfolk, CHKD, The King's Daughters, race officials, volunteers, and all sponsors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event. I grant permission for all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for legitimate purposes. I understand that this is a road race conducted under the rules of the USTAF, is not intended for baby joggers, head phones, skates, roller blades, skate boards, and dogs on leashes, and I will abide by these guidelines. (NO REFUNDS, EXCHANGES OR TRANSFERS. INCOMPLETE APPLICATIONS WILL NOT BE PROCESSED).

For additional registration and pledge forms go to [www.runwalkforthekids.org](http://www.runwalkforthekids.org) or call (757) 668-7098.