

THE CIRCULAR

www.kingsdaughters.org

The official newsletter for the founding organization of Children's Hospital of The King's Daughters



March/April 2009

Happy Volunteer Week! April 19-25

All King's Daughters are encouraged to attend the

KD CONNECT MEETING

Tuesday, April 7, 2009

6:00pm - CHKD 6th Floor Conference Room

Presentation of the nominees for the 2009-2010 Board of Directors.

Special Guest Speaker - Rob Levinsky
Director of Engineering at CHKD and
RunWalk for the Kids' Race Director.

As always Circles are welcome to buy, sell, trade and present at this meeting!

RSVP by calling 668.7098 or
email: info@kingsdaughters.org

Let's Pretend Children's Hospital

April 28 - May 1, 2009

A program designed for first grade students to help reduce the fear and anxiety that children may experience if they must be hospitalized or need to visit the emergency room at a hospital.

Volunteers and staff will lead approximately 1,200 first graders through mock hospital settings including laboratory, radiology, operating room, a patient's room, the emergency department, and a child life playroom. The program concludes with a tour of a CHKD transport unit.

Volunteers are needed from 8:30am - 12:30pm each day to: Serve as greeters and escorts when students arrive and leave; greet students as they enter and exit each "pretend" area; cue the actors when it is time to change areas; help with activities in the auditorium; and distribute goody bags.

Contact Joy Parker, Director of Volunteer Services, at 668-7195 if you would like to volunteer one or more days for this program! This is a terrific chance for Circle members to volunteer together.



RunWalk for the Kids Circle Challenge! June 13, 2009



If your New Year's resolution has the word 'walk' or 'run' in it, we have a challenge for you!

See if you can gather your Circle members to form a team for the RunWalk for the Kids. The circle with the most members will receive a special award in October! Teams can consist of circle members, spouses, children, neighbors, friends, etc.

Visit www.runwalkforthekids.org to sign up your team! The RunWalk Committee is forming now. Call the office to volunteer!



The King's Daughters will be publishing a list of all circle projects to be included in the goody bags for the RunWalk participants. All projects approved by May 26, will be included unless a Circle notifies the office that they do not want their project advertised.

2nd Annual Rock 4 the Kids Battle of the Bands!

The Junior Circles hosted the 2nd Annual Rock 4 the Kids, Battle of the Bands on February 8, 2009, at Church of the Good Shepherd. Over 300



participants came out to groove and cheer to the sounds of their favorite local high school bands including: The Yolks, Downshire, The Remedy, The Man Eating Camels, Carbon Jam (the winner, pictured top right), Quasar, Strider, Corporate Woods Drive, and Saladaze.

Special thanks to our sponsors: Medical Center Radiologists, The Van Buren Family, The Philbin Family, Cindy & Jeff Black, Martha & David Blalock, R. & A. Boyd, Lawrence Brett, Children's Clinic LTD, Saunders Compo, Councilman Barclay Winn in Honor of Kelly Cavender, Mr. & Mrs. Andy Culbreath, Barbara G. Donaldson, Driftwood Circle, Catherine Barlow Duncan, Anne Estes, Mara & Steve Fredrickson, Greg & Roberta Golden, The Goldman Family, Debra & Mark Miller, Barbara & Neal Rosenbaum, Rebecca Ruffin, RK Toyota, Robin Smith, and Bridger Warlick.

This was not only a well attended event, the proceeds exceeded expectations. More than \$6,200 raised from this event. **ROCK ON Jr. KDs!**



e-Circular - Goin' Green!

Beginning in May 2009, the Circular will be emailed to all King's Daughters who have email addresses on file with the office.



By emailing the Circular we will reduce our printing and mailing costs as well as do our part to help conserve resources and our environment.

If you have an email address in our system, you will receive the Circular via email. For all King's Daughters who do not currently have an email on file (approximately 200 members), we will send you a version of the Circular via regular mail. If you have an email address and have not provided it to us, please do so ASAP so we can include you in the email(s).

If you have question or concerns, please contact The King's Daughters office no later than April 15, 2009 at 757.668.7098 or email info@kingsdaughter.org.

The elegant Talbot Park neighborhood of Norfolk will host The King's Daughters' 5th Annual Tour de Cuisine on Sunday, May 31, 2009. More than 500 participants are expected to tour and taste their way through five premiere kitchens and dining rooms in the neighborhood. Each home will host a different local restaurant that will offer samplings of its unique dishes and cocktail creations. Local designers and florists will also put their unique touch on each home.

Tour de Cuisine



The chefs from these fine restaurants will provide this year's divine delights: Bardo, Crackers Little Bar Bistro, La Bella of Ghent, The Green Onion and The Winehouse.

This event has proven to be a fun and delicious way to get the community together to raise money for CHKD. Since its beginning, the event has sold-out its tickets and raised nearly \$120,000 for CHKD. In today's difficult economy, CHKD relies on The King's Daughters' donations more than ever to help meet the burgeoning medical needs of the region's children.

CIRCLE PROJECTS

More information and tickets are available online at
www.kingsdaughters.org/calendar

East Beach Circle

GREEN 4 THE KIDS

March 17, 2009

Donate \$1 to wear jeans with your favorite green t-shirt for St. Paddy's Day and to support the kids at CHKD!

Call 757.668.7098 to participate

Southern Vines Circle

Cheers for Children

Tuesday, March 17, 2009

7:30pm - 11:00pm

at "The Boot" in Norfolk featuring live music, appetizers, food and drink specials, and more!

Tickets are \$10 each and will be sold at the door.

Circle of Rainbows invites you to

"Bid for the Kids"

Bunco Night

March 14, 2009

5:30pm-10:00pm

at Bishop Sullival High School

Tickets are \$30 per person. Contact Suzanne at 651-6096 for tickets and more information.

**3rd Annual
Carol's Angels'**

Casino Night

March 28, 2009

5:30pm-10:30pm

**Ascension Community Center,
Virginia Beach**

**Tickets are \$30 per person
or \$50 per couple.**

**For tickets, call Haley
at 285-9944.**

Azalea Unity

Fool's Feast & Geranium Sale

Wednesday April 1, 2009

6pm - 8pm

Church of the Good Shepherd, Norfolk Shop with specialty vendors, order geraniums and enjoy a great dinner.

\$15 per person

To purchase tickets call Susan at 640.1394

Larkspur Meadows Circle invites you to a special

Nutrition and Fitness Presentation

by Jim White

Certified Nutritionist And Personal Trainer

March 18, 2009

6:00-8:30pm at the Virginia Beach Public Library
(4100 Virginia Beach Blvd, Virginia Beach)

Tickets are \$10 per person. Call 668-7098 for tickets or more information.

CIRCLE PROJECTS

Magnolia Circle
invites you to enjoy a little
March Madness
at Azalea Inn & Time Out Sports Bar
(2344 E. Little Creek Road, Norfolk)

Thursday March 26th
7pm-10pm

\$25 per person at the door
includes pizza, salad, draught beer and
soft drinks.

Call 587.4649
for more information.

Lynnhaven Sandpipers
Junior Circle invites you to
"Coldstone Creamery Cashola!"

April 22, 2009
4pm-7:30pm
Coldstone Creamery at Town Center in
Virginia Beach
(228 Central Park Avenue)

15% of total sales will benefit CHKD.
Meet members of the Circle throughout
the event!

Call 668-7098
for more information.

Driftwood Circle
invites you to their annual
Spring Fling Luncheon

March 31, 2009
11 am - 3pm
at Lynnhaven United Methodist Church
(1033 Little Neck Road, Virginia Beach)

Enjoy a delicious lunch, a wonderful silent auction
full of spring/garden themed items, and of
course delightful company!

Tickets are \$20 per person.
For more info, call Dewanna
at 498-7925.

Circle Project
revenues are up 15%
from last fiscal year!
Keep up the
GREAT work!
CHKD needs our help
more than ever!

West Ghent Circle
presents
**Usborne Books & More
Book Fair**

March 19 from 11am-6pm
March 20th from 7am-2pm
at CHKD in the 2nd floor Conference Room
(located near Medical Records).

You can also shop online at the "E-fair"
at www.ubah.com/BF29585.

Call 668-7098
for more information.

Larchmont Friends Circle
Invites you to

Bunko

March 11, 2009 at 7:00pm
Kathy O'Connor's Home
(1524 Buckingham Ave, Norfolk).
Game is \$10.

Play cards, have fun, meet new friends,
enjoy yummy munchies
RSVP to Nicky Sanford
at 451-1490

More information and tickets are available online at
www.kingsdaughters.org/calendar

KD NEWS

Holly Event Committees "Now Hiring"

If you are interested in being a part of this year's Holly Ball or Holly Festival of Trees, then "We Want You!"

All King's Daughters are invited and encouraged to participate on Major Project Committees. We welcome all ideas, input, and assistance in planning these exciting events. The first meetings of the year are coming up for both of the Holly Events and are listed below. If you are interested in attending either meeting, we'd love to have you!

Holly Ball - March 24th at 10:00am at the home of Robyn Maus – RSVP to Lisa Coleman at 668-7098.

Holly Festival of Trees –
Thursday
March 19th
at 5:30pm
at CHKD, 2nd floor Boardroom –
please RSVP to Season Roberts at
668-7098.



Thrift Store Donation Bag Drive, May 15-18, 2009

Our CHKD Thrift Stores are some of the most successful in our region as well as the country primarily because of high quality donations they receive. Begin collecting items to donate to the Thrift Stores for this year's Donation Drive! Please note that because of the high number of toy recalls and safety risks to children, the Thrift Stores are unable to take toys. Adult clothes, furniture and collectibles are all welcome! More details will be sent to circle leaders.

KD Kudos

Our King's Daughters' VP of Development has been fine tuning her leadership skills for the past year+ as the Commissioning Coordinator for the USS George H.W. Bush (CVN 77), the Navy's newest aircraft carrier. The ship was recently commissioned on January 10, 2009. Both the namesake George HW. Bush and his son, President George W. Bush, were present as well as thousands of other people. Maryellen Baldwin, who is also the Executive Director of the Hampton Roads Navy League, planned the day to a tee and even had the weather cooperate. The King's Daughters will continue to benefit from her leadership. Way to go Maryellen!



RunWalk for the Kids Volunteers Needed !

As many of you know, last year was the first year we incorporated teams into our RunWalk event. This year as the number of teams grows, we are looking for a Circle(s) and/or committee to oversee this portion of the event. The Circle/committee would be responsible and need to be available to handle the following:



Tues. June 9 at CHKD (8:00am until complete)

Duties: separate t-shirts and goody bags into boxes for teams to pick up on team packet pick day

Wed. June 10 at CHKD (12noon – 7:00pm)

Team Packet Pick Up

Duties: Check off teams as they pick up their packets

Thurs. June 11 at CHKD (9:00am-4:00pm)

Team Packet Pick Up

Duties: Check off teams as they pick up their packets

Sat. June 13 at event: (6:00am-11:00am)

Team Packet Pick Up/Information Booth at the RunWalk event

Duties: Check off teams as they pick up their packets

If you want to be a part of this committee, please call the KD office. If your entire Circle or a number of people from your Circle want to coordinate this committee, call the KD office. Feel free to discuss at your March Circle meeting if you are interested!

This is a great way to support The King's Daughters' major projects!

Calendar

March 11, 2009 -- Bunko
7:00pm - Kathy O'Connor's Home (1524 Buckingham Ave, Norfolk).

March 14, 2009 -- "Bid for the Kids" Bunco Night
5:30pm-10:00pm at Bishop Sullivan High School

March 17, 2009 -- "Green 4 the Kids"
Wear green t-shirt / jeans

March 17, 2009 -- Cheers for Children
7:30-11:00pm at The Boot in Norfolk

March 18, 2009 -- Jim White, Nutritional & Fitness Presentation
6:00-8:50pm at the Virginia Beach Public Library
(4100 Virginia Beach Blvd, Virginia Beach)

March 19-20, 2009 -- Usborne Books & More Book Fair
March 19th from 11am-6pm
March 20th from 7am-2pm
at CHKD in the 2nd floor Conference Room

March 28, 2009 -- 3rd Annual Carol's Angels Casino Night
5:30-10:30pm

March 26, 2009 March Maddress
7:00pm-10:00pm at the Azalea Inn & Time Out Sports Bar

March 31, 2009 -- Spring Fling Luncheon
11:00am-3:00pm at Lynnhaven United Methodist Church

April 1, 2009 -- Fool's Feast & Geranium Sale
6:00-8:00pm Church of the Good Shepherd, Norfolk

April 7, 2009 -- KD Connect
6:00pm - 6th Floor Conference Room, CHKD

April 22, 2009 -- Coldstone Creamery Cashola
4:00pm-7:00pm at Coldstone Creamery at Town Center in Virginia Beach

Articles for the May/June
Circular are due
April 3, 2009

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